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O-VER AND OUT

OPRAH WINFREY SHOW ENDS TOMORROW AFTER LONG RUN

CHECK SCENE {page 30}

TORONTO metro®
Tuesday, May 24, 2011
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News worth sharing.

Looser liquor laws soon: AG

Bentley says beer tents at festivals may be gone this summer Proposal also includes extending liquor hours for weddings, charity events to 2 a.m. and opening up the province to all-inclusive vacation packages

There's "overwhelming" public support for Ontario to relax its liquor laws — something the provincial government will deliver this summer, said Attorney General Chris Bentley.

Adults will soon have more freedom to wander around at festivals with a drink in hand under new provincial regulations, he said in an interview.

No date has been set for their release, but the new rules should take effect in time for the summer, Bentley added.

The public's chance to comment on the proposed changes ended May 1. While a few people disagreed with the idea, most supported it, he said. "The overwhelming majority were for more flexibility," Bentley said.

Bentley floated his proposal to loosen Ontario's liquor laws in February. Festival-goers would still have to consume their drinks within a "defined area," but they would be able to wander around and do some shopping at retail stalls. THE CANADIAN PRESS

Missouri. Eye of the storm

▶ Janet Martin attempts to salvage medication and mementoes from her brother's home before a second storm moves in yesterday in Joplin, Mo. Her brother left 20 minutes before the storm to go to church, Martin said. Story, page 7.

JULIE DENESHA/GETTY IMAGES

Seven rescued as U.S. tornado death toll climbs to 116

Strauss-Kahn scandal

Wife spends by her man

Anne Sinclair puts family's fortune on the line for husband's bail, house arrest {page 14}

Big payout for Shriver?

Could trump Tiger Woods' $110-million settlement {page 32}

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Fort. Fun

▶ Felipe Ramirez, 4, of Toronto, hams it up while learning how to "charge" during a demonstration at historic Fort York.

RICK MADONIK/TORSTAR NEWS SERVICE

Celebrating Victoria Day at Fort York

Fort York had a number of events yesterday, including a dance recital and musket firing for the Victoria Day holiday.

Vying for TCHC seats

Toronto Community Housing residents start voting today for two tenants to represent them on the board of the embattled public agency Eight finalists made the short list

Toronto Community Housing residents start voting today for two tenants to represent them on the board of the embattled public agency.

The last tenant directors were booted off the board when Mayor Rob Ford cleaned house in the wake of two scathing audits. Previous board members maintained they were unaware of spending and procurement problems cited in Feb. 28 reports by auditor general Jeffrey Griffiths. He found that staff had spent thousands on pedicures, gift chocolate, spas and planning trips to Muskoka. Meanwhile, public housing tenants could not get their units fixed because of a shortage of money.

The 164,000 public housing tenants have until Friday to vote for two directors and two alternates to represent them on the board. City council gets the final say and will decide whether to approve the tenants' choices June 14 .

Some 96 tenants applied to run for the positions. Eight candidates made the short list.

The Toronto Star asked the finalists what they planned to do to help repair the damaged reputation of the TCHC. This is an edited version of what one of them had to say:

Regent Park resident Mahbub Hasan, 40, came to Toronto from Bangladesh eight months ago, where he worked in the charitable sector and earned a PhD in cultural anthropology and governance.

"The decision-making process has to be more transparent and communications need to be improved. We need to make sure that financial guidelines and policies are followed. Board members need to monitor how public money is being used and audits must be done. Management should be more accountable," he said.

TORSTAR NEWS SERVICE

Finalist's take

▶ **Tarak Ahmed** "We need to bring back financial accountability. The reality we are facing is that certain cuts will have to be made," said Ahmed, one of the eight finalists.

Recount confirms Conservative's win

A judicial recount has confirmed the election of Conservative Ted Opitz in the Toronto-area riding of Etobicoke Centre.

Elections Canada said the final tally shows Opitz defeated Liberal incumbent Borys Wrzesnewskyj by 26 votes.

Opitz received 21,644 votes May 2 compared to Wrzesnewskyj's 21,618.

THE CANADIAN PRESS

Man stabbed at party

An 18-year-old man is in hospital with stab wounds after a brawl early Sunday at a house party in north Toronto.

THE CANADIAN PRESS

Dogs found dead in Clarington home

Five dogs have been found dead in a home in Clarington.

Police found the dogs just after noon Sunday. They say it seems four of the animals were shot.

Officers also found seven living puppies and an adult dog. All were sent to an animal shelter in nearby Whitby.

A 25-year-old man has been charged with animal cruelty and firearms offences. THE CANADIAN PRESS

1 news

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Alex Park targeted for revitalization

Like Regent Park and Don Mount/Rivertowne, the Alexandra Park project would leverage land value to generate funds to replace and upgrade housing

Lily Lin knows the Alexandra Park area like the back of her hand.

She's in the gymnasium at the Scadding Court community centre, moving gracefully to the gentle commands of 76-year-old Siao Hang Tse, who is giving a tai chi lesson.

Lin, a nursing student who has lived very close to "Alex Park" for more than 20 years, used to volunteer in a seniors' building in the neighbourhood, translating for elderly Cantonese- and Mandarin-speaking residents, and escorting them to medical appointments. She attended school with children from the community.

So as she takes a reporter on an impromptu tour of the decaying housing in the Dundas Avenue West and Bathurst area neighbourhood one afternoon, she speaks passionately about an ambitious, 15-year revitalization plan developed with significant local input. It calls for demolishing and replacing 333 co-op townhouse and apartment units, and gradually shifting from mostly subsidized housing to a mixed-income neighbourhood.

Progress

- Currently in the rezoning stage, the plan also calls for renovating 473 existing units, improved green space, new underground parking, and commercial and retail space.
- Final planning approvals are expected by early next year, when requests for bids will go out.

"It's going to be good for the area. Those townhouses are small and cramped," says Lily Lin, adding: "If you keep telling people their area isn't good enough to be improved, they start believing they can't pull themselves out of poverty."

The seven-hectare site is tucked between Kensington Market and Queen Street West, and in terms of TCHC's housing portfolio is among the highest in land value.

The site is home to a diverse population with black, Chinese and South Asian residents predominant. Its 800 or so units are home to about 2,500 people.

TORSTAR NEWS SERVICE

RENE JOHNSTON/TORSTAR NEWS SERVICE

▶ A man lies on a wet cement block bench in Alexandra Park, a housing project that is slated for revitalization, similar to what's happening in Regent Park, another TCHC holding.

No vacation for highway collisions on long weekend

Usually, the OPP's long-weekend blitzes bring bizarre tales of distracted driving. It's not uncommon to see furniture, mattresses or barbecues strewn on the shoulder of Ontario highways.

But the buzz this Victoria Day weekend was about unsafe vehicles.

Yesterday afternoon, the OPP pulled over a driver who had 19 previous licence suspensions. His crime this time? Driving with worn out tires.

"You'd think somebody who was under suspension or previous suspensions, they wouldn't draw attention to themselves by having a vehicle that's not safe for the road," said OPP Sgt. Dave Woodford.

Despite the lessons learned, the long weekend was still marred by tragedy.

"We had five people killed on the weekend, so to me that's too many," Woodford said. "One's too many."

One person was killed Friday in a crash involving a car and a tractor-trailer near Orangeville, on Highway 10 near Sideroad 20. The driver of the car was killed, while the driver of the tractor-trailer was taken to hospital with minor injuries.

Another person died Friday night when a car collided with a train in Rainy River.

On Saturday, two people died in a head-on crash near Campbellford.

A third person died on Saturday while attempting to cross Highway 417 in Ottawa.

This weekend also had its share of minor traffic snarls.

Eight people were taken to hospital with minor injuries after a minivan rolled over on Highway 401 at Warden Avenue.

Ironically, the Ontario Road Safety Annual Report, which was released on Friday, showed that provincial roads are the safest in North America on a per-capita basis.

TORSTAR NEWS SERVICE
WITH FILES FROM
THE CANADIAN PRESS

TORSTAR NEWS SERVICE FILE

▶ OPP Sgt. Dave Woodford

Fire destroys boat on Lake Simcoe

Investigators are looking into what caused a boat to catch fire on Lake Simcoe Saturday afternoon.

The only person on board jumped to safety, but the boat was destroyed.

THE CANADIAN PRESS

Brampton's downtown bid causes a stir

As Brampton's population continues to swell, the nation's tenth largest city remains desperate for a downtown that will give it an identity.

But a plan that could cost more than half a billion dollars accepted after more than 20 years of promises now has many questioning the vision Brampton's leaders have endorsed.

With mounting demands to finally act on old promises, city council recently approved a bid by developer Dominus Cityzen Fernbrook to recreate the downtown.

Supporters say the plan fulfills a much needed large-scale expansion of city hall, modern office and retail spaces, parking and a new library.

But, to the frustration of those backing the bid, the city's two largest business groups — the Brampton Board of Trade and the Brampton Downtown Development Corporation — some councillors and residents are now wondering if council made the right choice.

They want to know why the cost is about twice that of a bid that was disqualified under a selection process they call secretive — only two bids were eventually considered for the largest project in the city's history. The Dominus bid, for just the first of three phases (the city hall work), has a ceiling of $205 million, which includes construction and leasing costs over 25 years. The construction cost for phase two and three is $157 million, not including financing costs.

TORSTAR NEWS SERVICE

Man injured after Roman candle attack

Police in Sauble Beach are investigating after a man was attacked with a Roman candle Saturday.

They say someone launched the firework at a man at the North Sable Sands Campground.

The man was taken to hospital.

THE CANADIAN PRESS

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Re-purposed. Art

▶ Bloordale resident Iqbal Uddin admires a newly redecorated planter at the corner of Bloor and Brock streets. The planter, which contains flowers crafted from re-purposed beer cases, is part of an art project led by artist Sean Martindale. Approximately a dozen planters have received artistic makeovers over the long weekend.

BRIGITTE NOËL/FOR METRO

Planters get makeover

Police probe dating sites

Investigation into death of Sonia Varaschin to include matchmaking sites she frequented ◐ Her body was found in a wooded area of Caledon

A "new phase" of the investigation into the death of Sonia Varaschin will include a probe of dating websites she frequented before her murder.

A source confirmed the 42-year-old nurse frequented various dating sites before her death last August.

OPP Det.-Insp. Andy Karski, who has recently taken over as the case manager, said police will announce a "new phase" in the investigation tomorrow, along with new details.

Part of that new phase will include reviewing Varaschin's past work associations and personal relationships.

Sonia had a boyfriend, Ian Rushton, at the time of her murder. Police confirmed they have cleared him as a person of interest in the case and the family says they do not believe he had any connection with the murder.

The relationship with Rushton was off and on for a year or so, the source said.

It's not clear if she dated people she had met on the matchmaking websites.

It's believed she was most active before she met her boyfriend.

Sonia's brother, Viv, 38, said he is aware his sister used online dating services but said he was reluctant to comment because of the police investigation.

He said Sonia and Rushton met through friends.

The source confirmed

THE CANADIAN PRESS

▶ Sonia Varaschin

one of the websites Sonia used was the free matchmaking service PlentyOf Fish.com.

The family has expressed frustration with the pace of the investigation and what they say is a lack of information from the police.

TORSTAR NEWS SERVICE

Case background

- Sonia Varaschin was attacked sometime either late Aug. 29 or early Aug. 30 inside her townhouse.
- The family became aware she was missing after she failed to show up for work at noon on Aug. 30.
- Her body was found Sept. 5 in a wooded area of Caledon.
- The bedroom of her townhouse was covered in blood and her abandoned white Toyota Corolla, which was found that Monday, was bloodstained as well.

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Deadly tornado strikes Missouri

While many residents had 10 to 17 minutes of warning, rain and hail may have drowned out the sirens

Rescue crews dug through piles of splintered houses and crushed cars yesterday in a search for victims of a kilometre-wide tornado that blasted much of Joplin, Mo., off the map and slammed straight into its hospital.

At least 116 people died, making it America's deadliest single tornado in nearly 60 years and the second major tornado disaster in a month.

An unknown number of people were hurt.

Authorities feared the toll could rise as the full scope of the destruction comes into view: House after house reduced to slabs, cars crushed like soda cans, shaken residents roaming streets in search of missing family members.

And the danger was by no means over.

Fires from gas leaks burned across town, and more violent weather loomed, including the threat of hail, high winds and even more tornadoes.

THE ASSOCIATED PRESS

Deadly twister

- **Flint** It was America's deadliest tornado since a June 1953 twister in Flint, Mich.
- **Bodies** Authorities were prepared to find more bodies in the rubble throughout Joplin, a gritty, blue-collar town of 50,000 people.

CHARLIE RIEDEL/THE ASSOCIATED PRESS

▶ Ashley Stephens holds a ferret she rescued from the home of a missing woman while helping a friend collect belongings yesterday in Joplin, Mo.

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Iceland. Volcano

▶ Two farmers check their livestock yesterday as an ash cloud is seen in background, about 260 kilometres from Reykjavik, Iceland.

BRYNJAR GAUTI/THE ASSOCIATED PRESS

Ash cloud recalls last year's explosion

A dense cloud of ash from an Icelandic volcano was being blown toward Scotland yesterday, forcing two airlines to cancel their flights, U.S. President Barack Obama to cut short his visit to Ireland and carriers across Europe to fear a repeat of the huge disruptions that stranded millions of passengers a year ago.

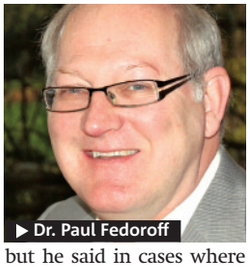
Adolescents guilty of sex crimes can recover: Expert

Doctor says teens are treated for other problems in life

JESSICA SMITH
@METRONEWS.CA

An expert in the treatment of sexual disorders says sex crimes involving adolescent offenders are coming to the courts more often — but the prospects for rehabilitating the young teens is high.

Dr. Paul Fedoroff said he couldn't comment specifically on the case of a 14-year-old boy who is accused of luring an eight-year-old girl and an 11-year-old girl into the woods in Ottawa, but he said in cases where sex offenders are only 14 years old, "they have a very good prognosis once they've been apprehended."



▶ Dr. Paul Fedoroff

"People during adolescence are only still developing their interests and behaviours," he said. "Activities at that age may not persist and most sex offenders who are adolescents never reoffend."

When teens are treated, experts are often addressing the other problems in their life, rather than their sexual behaviours, he said.

"Problems with their families, drug or alcohol abuse or difficulties in school and those types of problems become the main focus of attention," he said.

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▶ Christian radio host Harold Camping speaks outside of his home in Alameda, Calif.

Judgment Day only delayed?

- Preacher claims doomsday absence is miscalculation
- Followers continue to search Scriptures for answers

California preacher Howard Camping says his prophecy that the world would end was off by five months because Judgment Day actually will come Oct. 21.

The independent Christian radio host said yesterday the apocalypse will come five months after May 21, the original date he predicted.

He had earlier said Oct. 21 was when the globe would be consumed by a fireball.

Camping said he felt so terrible when his doomsday prediction did not come true Saturday that he left home and took refuge in a motel with his wife.

200M
Camping forecast that some 200 million people would be saved. The rest would die in earthquakes, plagues and other scourges until the Earth was consumed by a fireball.

Rather than give his normal daily broadcast, Camping made a special statement last night before the press at the Oakland headquarters of the media empire that has broadcast his message.

His other apocalyptic prediction in 1994 also was a bust, but he said it didn't happen because of a mathematical error.

Family Radio spent millions — some of it from donations — on more than 5,000 billboards and 20 recreational vehicles plastered with the doomsday message.

In 2009, the non-profit reported it received $18.3 million in donations, and had assets of more than $104 million, including $34 million in publicly traded stocks.

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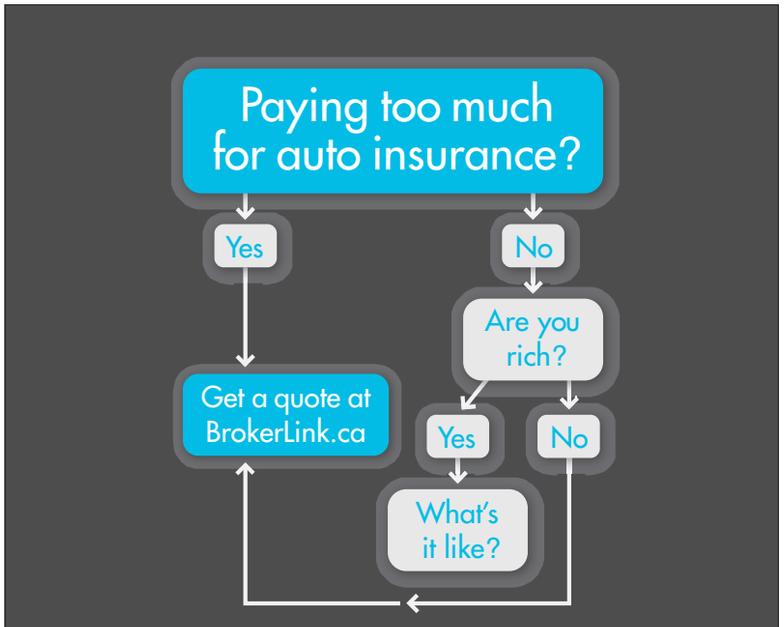

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MATT DUNHAM/THE ASSOCIATED PRESS

▶ Irish girls with painted faces were among the people lining up yesterday to join the crowd to listen to U.S. President Barack Obama in Dublin.

Visit to Ireland puts apostrophe back in O'Bama

U.S. leader soaked in atmosphere reminiscent of his first days as president as nation embraces its distant kin

He downed a pint of Guinness with a distant cousin and checked out centuries-old parish records tracing his family to Ireland. From the tiny village of Moneygall to a huge, cheering crowd in Dublin, U.S. President Barack Obama opened his four-nation trip through Europe yesterday with an unlikely homecoming far removed from the grinding politics of Washington and the world.

"My name is Barack Obama, of the Moneygall Obamas, and I've come home to find the apostrophe we lost somewhere along the way," a clearly tickled Obama — make that O'Bama — told the overflow throng at Dublin's College Green with his wife, Michelle, by his side.

Obama's feel-good indulgence in Ireland came at the start of a four-country, six-day trip that is bound to get into stickier matters as he goes. The only hitch on day one was the threat of a volcanic ash cloud from Iceland that led the president to leave Ireland without even a night's stay and land in England last night.

His high point in Ireland was a helicopter jaunt to Moneygall, population 350 give or take it, where Obama's great-great-great grandfather, Falmouth Kearney, was born.

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Strauss-Kahn's wife 'a woman in love'

Footing the bill for $1-million bail and an estimated $200,000 a month for security to ensure house arrest

BERTRAND LANGLOIS/GETTY IMAGES

▶ Women hold placards reading "Let's Get Men Out of Their Caverns" as they protest in Paris yesterday against sexist remarks made by politicians and the media in response to sexual assault allegations against former IMF chief Dominique Strauss-Kahn.

Anne Sinclair is sacrificing millions of her family's fortune on her husband's bail and house arrest. Dominique Strauss-Kahn declared his love for his wife in a public letter, and blew her a kiss across a New York courtroom where he was charged with trying to rape a hotel maid.

This display of devotion by one of France's most famous couples isn't just for show, say those who know them.

"It is symbiosis, a couple that is completely inseparable," said French legislator and former government minister Jack Lang. "One cannot imagine one without the other. One cannot imagine what they are going through."

Sinclair is her husband's connection to the outside world while he is confined to a Manhattan apartment pending trial. The couple, both 62, are seen as two fiercely intelligent minds with shared goals, loyalties to their children and a strong bond that has kept them together through past ordeals, including a pattern of sexual indiscretions by Strauss-Kahn, said Philippe Martinat, who co-wrote a biography of Strauss-Kahn and French President Nicolas Sarkozy.

"She is truly in love with this man. He's the soulmate of her life," Martinat said.

"Some suggest she closed her eyes" to past infidelities, he said. "In reality she was a woman in love who suffered a lot from this situation, but she preferred to protect and maintain her family."

He described "confrontations" in their past.

BOB EDME/THE ASSOCIATED PRESS

▶ Sinclair and Strauss-Kahn in happier days.

In a meeting in 2009, Martinat said Sinclair brought up a relationship that Strauss-Kahn had with a subordinate at the IMF. "She explained, very simply, how it happened, how they had discussed it, and for her it had been resolved.

"I think she will accompany him throughout the trial to help him get out of this judicial mess," he said. "If it ends badly, then we could ask if she will stay with him. She is a fighter."

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Better leaders than tweeters

World leaders' handling of social media out of sync with protocol of diplomatic relations: Media director

Prime Minister Stephen Harper will follow seven other world leaders to the French seaside this week for the G8 summit.

But he doesn't follow them on Twitter.

Seven of the eight G8 leaders have a presence on the microblogging site, either through accounts in their name, that of their office or a spokesman, or in some cases all three.

Italian Prime Minister Silvio Berlusconi is absent from the site.

Harper doesn't follow any of the accounts for the British, Japanese or French prime ministers or the German chancellor, according to analysis performed using the website doesfollow.com

"I haven't seen any political leader who has any clear clue of who they should follow. It's all very haphazard and inconsistent."
MATTHIAS LUFKENS, ASSOCIATE DIRECTOR FOR MEDIA, WORLD ECONOMIC FORUM

Nor does he follow U.S. President Barack Obama.

Of those, the only leaders who follow Harper's Twitter account are British Prime Minister David Cameron and Russian President Dmitry Medvedev. The Russian president is also the only leader Harper follows.

THE CANADIAN PRESS

BERTRAND LANGLOIS/GETTY IMAGES

▶ Activists of humanitarian non-governmental organization Oxfam dressed as, from left, Dmitry Medvedev, David Cameron, Barack Obama, Nicolas Sarkozy, Silvio Berlusconi, Angela Merkel, Naoto Kan and Stephen Harper, play poker during a happening about G8 leaders' promises yesterday in Paris. Placard reads "G8 Aid commitments. Who bluffs?"

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Animal group cares for lost pets

Humane society crew may return to Slave Lake this week ◐ No badly injured pets found yet

The animal rescue mission continued in fire ravaged Slave Lake this weekend, with the Edmonton Humane Society (EHS) recovering 50 more pets.

"Remarkably, we haven't found an animal that required serious medical care," said EHS spokesperson Shawna Randolph. "We've only come across two animals that had burns. They were both cats, one required some antibiotic ointment on its paws."

Seventy animals that were being housed at the Edmonton Expo Centre were moved to the EHS shelter, bringing the total number of rescued animals to 120.

"The rescue effort has been so rewarding," Randolph said yesterday. "We have matched so many animals to their owners, but it is still a tragic situation."

Most owners cannot come to pick up their lost pets since people are still without homes and are dealing with the aftermath of the disaster.

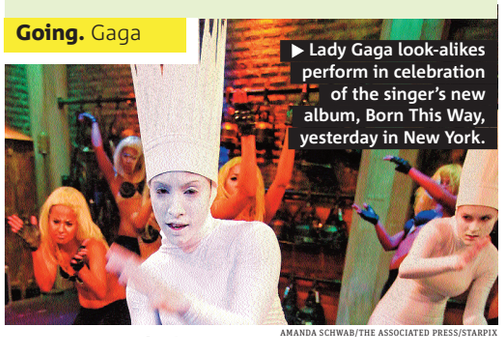
Donations can be made by visiting edmontonhumanesociety.com.

CHRIS SAVAGE/FOR METRO

NANCY GORDY/FOR METRO

▶ A tarantula is among the pets being cared for at the Edmonton Humane Society after its owners had to leave Slave Lake due to wildfires.

Going. Gaga



▶ Lady Gaga look-alikes perform in celebration of the singer's new album, Born This Way, yesterday in New York.

AMANDA SCHWAB/THE ASSOCIATED PRESS/STARPIX

Born This Way arrives

Lady Gaga says her third studio album, released yesterday, is "like a giant musical-opus theatre piece." Dancers marked the release by showing off their moves inside the Fuse Network studio in the Big Apple.

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HUSSEIN MALLA/THE ASSOCIATED PRESS

▶ An anti-Syrian President Bashar Assad protester holds an Arabic banner that reads: "In mourning for the lives of the freedom martyrs in Syria, with a black shirt and red rose," yesterday in Beirut, Lebanon.

Syria's authorized rally cancelled

- Activists call off first government-authorized rally
- Was meant to honour 900 killed in uprising

Activists cancelled the first government-approved demonstration in the capital since the government lifted a 48-year-old state of emergency last month, a Syrian official said yesterday. The candlelight vigil in a Damascus public garden was to have honoured some 900 people killed since the uprising against President Bashar Assad's rule began in mid-March. All demonstrations had been banned in Syria under state of emergency laws that were abolished last month. Now, organizers must get official permission. The Syrian official said yesterday's vigil was cancelled on the request of its organizers.

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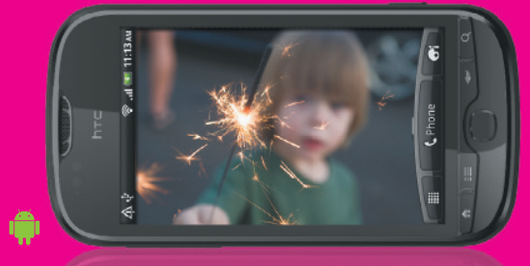
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Cisco feels heat over the Great Firewall

Members of the Falun Gong spiritual movement have filed a lawsuit in the U.S. against Cisco Systems and its top executives, including CEO John Chambers, accusing the company of supplying the Chinese government with computer networking equipment used to spy on dissidents and censor the Internet.

The lawsuit alleges Cisco aided and abetted human rights violations by the Chinese government in providing networking gear and technical assistance to build the "Great Firewall of China."

"We sell the same equipment in China that we sell in other nations worldwide," Cisco said.

THE ASSOCIATED PRESS

China. Risky business

▶ Local and mainland Chinese university students, dressed as Foxconn workers, hold mock iPads with a skeleton print outside an Apple premium reseller shop in Hong Kong.

KIN CHEUNG/THE ASSOCIATED PRESS FILE

Blast rocks manufacturing strategy

An explosion Friday at one of two factories that make Apple's iPad 2 highlights the risks of a global manufacturing strategy that has cut costs but concentrates production in a few locations. The blast — caused by combustible dust in a workshop that polished products in China's Chengdu city — killed three employees and injured 15. The company said production has been suspended.

New Kobo gets touchy

- **E-reader introduces infrared touch technology for faster page turning**
- **Users have access to 2.3 million books from Kobo Store via Wi-Fi**

KEITH BEATY/TORSTAR NEWS SERVICE

▶ Heather Reisman with the Kobo.

Toronto's Kobo Inc. has launched its latest e-reader, a wireless device with a touch screen that is priced to compete with the market-leading Amazon Kindle.

The new Kobo eReader Touch Edition is available for pre-order at retailers across North America including Indigo, Best Buy, Wal-Mart and Borders for $139.99, or $129.99 US.

It will be in stores in early June, while the first generation Kobo Wi-Fi has been reduced to $109 and $99.99 US.

The original Kobo was marketed as a lower-priced, more minimalist rival to the Kindle and Kobo chief executive Michael Serbinis said the latest e-reader will sell in the U.S. for $10 less than the Kindle Wi-Fi device.

The e-book market has seen explosive growth, with U.S. sales tripling in February and Amazon recently announcing that it has sold more e-books than printed paperbacks.

Kobo, which has its own online bookstore, says it now has close to four million registered customers around the world and growth continues to accelerate.

TORSTAR NEWS SERVICE

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KOJI SASAHARA/THE ASSOCIATED PRESS

▶ Marc Benioff, chief executive of Salesforce.com, attends a press conference to announce a shared initiative with Toyota called Toyota Friend, a private social network for owners of the car brand that works similar to Twitter.

Toyota gets networking

Car company hopes social networking plan will inspire customers to give feedback about how cars are working Is investing $5.5 million

Toyota is setting up a social networking service with the help of a U.S. Internet company and Microsoft so drivers can interact with their cars in a way that's similar to posting on Facebook or Twitter.

Japanese automaker Toyota Motor Corp. and Salesforce.com announced their alliance yesterday to launch Toyota Friend, a private social network for Toyota owners.

In a demonstration at a Tokyo showroom, an owner of a plug-in Prius hybrid found out through a cell-phone message from his Prius that he should recharge his car overnight.

When the owner plugged in his car to recharge it, the car replied, "The charge will be completed by 2:15 a.m. Is that OK? See you tomorrow."

Since many next-generation cars need to be recharged, drivers may need real-time information, such as the battery level of their cars and locations of charging stations, more than regular gas-engine cars.

The exchanges can be kept private or be shared with other Toyota Friend users, as well as made public on Facebook, Twitter and other services.

"I hope cars can become friends with their users, and customers will see Toyota as a friend."
PRESIDENT AKIO TOYODA

If your car is up for an inspection, for example, the owner will be notified through Toyota Friend, which will in turn automatically link to a dealer to set up an appointment.

The companies did not give details of how the technology, such as the content of the talking car's dialogues, will be managed. But officials said the answers will be automated through sensors in the car.

Many cars are already equipped with network capabilities that can function as a mobile device. Toyota's service will start in Japan in 2012, and will be offered later worldwide, initially with electric vehicles and plug-in hybrids, according to Toyota.

THE ASSOCIATED Ppress

News in brief

Toyota needs to listen: Panel

SERVICE An independent panel set up to review Toyota Motor Corp.'s safety and quality issues says the company doesn't do a good job of incorporating customer feedback into its car designs.

The panel says Toyota should appoint executives who are responsible for safety and should give more power to regional executives outside Japan. **THE ASSOCIATED PRESS**

Shares drop for Ryanair

AIRLINE. Ryanair shares are falling after the leading budget airline announced it would ground 80 aircrafts this winter and reduce passenger traffic for the first time in its history.

The Dublin-based airline said weak winter demand meant it would cost less to ground the jets — more than one-quarter of its fleet — than to operate them at a loss from October to March. The airline carries four per cent fewer passengers than in the previous winter.

THE ASSOCIATED PRESS

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Frozen. Assets

▶ Women walk past pictures of Syrian President Bashar Assad in Damascus, Syria, yesterday. The EU imposed sanctions on Assad because of his government's continuing crackdown on anti-government protesters.

THE ASSOCIATED PRESS

Syrian leader faces power freeze

More than 900 people have reportedly been killed since the government's crackdown on protesters. The 27-nation EU instituted an asset freeze and visa ban on Syrian President Bashar Assad and nine other members of his regime.

Market moment

PRICES AS OF 4 P.M. FRIDAY

TSX	Dollar	Oil	Natural gas 1,000 cu ft	Gold
+ 27.18 (13,652.27)	– 0.51¢ (102.77¢ US)	+ 1.05¢ ($99.49 US)	$4.393 US (+ 10.3¢ US)	$1,508.90 US (+ $16.50 US)

Greece's borrowing rates hit new record

$32.8B The EU wants cross-party support in Greece for a new austerity program, worth at least $32.8 billion.

Greece's borrowing costs surged to another record yesterday, as the crisis-hit country's prime minister chaired emergency talks to deepen austerity measures beyond his own government's term in office.

A cabinet meeting began as yields rose above 17 per cent for Greek 10-year-bonds, hitting a new record margin — or spread — over the benchmark German rate.

Greece suffered another bond downgrade late Friday from the Fitch ratings agency, lowering its investment ranking by three notches deeper into junk status. Prime Minister George Papandreou conceded over the weekend that plans to return to bond markets next year may not be achievable.

The European Union wants cross-party support in Greece for a new 2011-15 austerity program. Papandreou is to meet opposition leaders today in an effort to seek consensus.

His government is also finalizing additional austerity measures for 2011 worth $8.5 billion, or double the original amount planned, to correct this year's disappointing fiscal performance — in fresh cuts expected to sweep away tax exemptions and possibly slap additional taxes on wealthy home owners.

The government is also to consider layoffs in the traditionally well-protected civil service, which could spark protests.

The economy is being kept afloat by $156.6 billion in a 2010-13 package of rescue loans from European countries and the International Monetary Fund.

THE ASSOCIATED PRESS

IF AT FIRST YOU DON'T SUCCEED ...

SHE SAYS ...

JESSICA NAPIER
METRO

Before you go any further I should warn you, this is not an inspiring column about chasing your dreams and doing what you love. This is about expectations management and some realistic advice on how to get a job (any job).

Every May, a fresh crop of university graduates emerges from the cosy bubble of undergraduate life, ready to face the rejection-letter reality of the working world. Don't worry, we've all been there.

"What have I done with my life … why did I ever get an arts degree?"

But don't fret new grads, you won't be broke forever. Eventually, you will get over your quarter-life crisis, get off the couch and you will find a job. It might not be right away, but employment will happen, just as long as you don't do any of the following:

Be lazy: Spelling and grammatical errors on your resumé are inexcusable; as are limp-wristed handshakes. Never underestimate how far a firm grasp and a properly placed semicolon will take you.

"Asking an employer to postpone your start date until after your birthday, indicating that you will need to bring your German shepherd into the office every Friday ..."

Make demands: Asking an employer to postpone your start date until after your birthday, indicating that you will need to bring your German shepherd into the office every Friday or any other outlandish requests will not be tolerated in today's cutthroat job market.

Be obnoxious: A hard and fast way to never get hired is to indirectly insult the person doing the hiring. A friend of mine, a manager at a retail store, recently interviewed a new grad for a sales position. This is what transpired:

Question: "Where do you see yourself in five years?"

Answer: "Well, I'll be 26 by then (gasp — the horror!) so I'll probably have my life figured out — you know, have a real job."

My friend was unimpressed. And by the way, I don't know any 26-year-olds who have their lives "all figured out." In fact, most of the people I know younger than 40 are still trying to get it together.

Be a social media saboteur: Avoid tweeting excessively about failed interviews, bad-mouthing former employers or any other spiteful online commentary that would make you a human resources nightmare.

Feel entitled: Just because this isn't your dream job doesn't mean you are too good for it. If you are a desperate 20-something living in your parents' basement looking to pay off some student loans, then be prepared to settle.

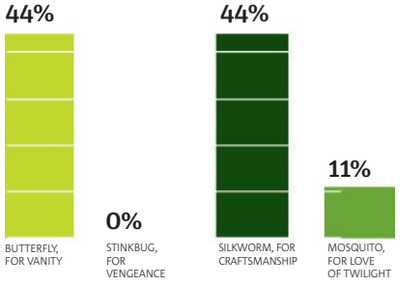
And if all of your hard efforts don't pay off, just remember, there's always grad school.

Read more of Jessica Napier's columns at metronews.ca/shesays

metro life panel

Register at metrolifepanel.ca and take the quick poll

If you had to be one of these four bugs, which would you be?



Local tweets

- **@tessercat:** Happy 2-4 to the Canucks out there. :) Sunshine between thunderstorms — could be worse.
- **@Brent_Wishart:** Thunderstorms are just mother nature's dubstep.
- **@minxybot:** I wake up! AWAKE! I'm hoping for a flashy thunderstorm today. If i'm going to have rain pain i want thunder and lightning! BOOM! FLASH!
- **@duskheart:** Thunderstorms downtown will help guide this scene I want to finish today. Let the rain flow through my fingers and onto my page.
- **@sarahfaires:** Thunderstorms in the country > Thunderstorms in the city
- **@badbanana:** Brunch is when you eat a lot of food while pretending you're not going to eat lunch later.
- **@simply_girly:** The rain just may hold off. Pretty please. I want to go to the beaches!! Fireworks!
- **@arosee:** on a balcony are so much better than being on ground level, not gonna lie.

Worth mentioning

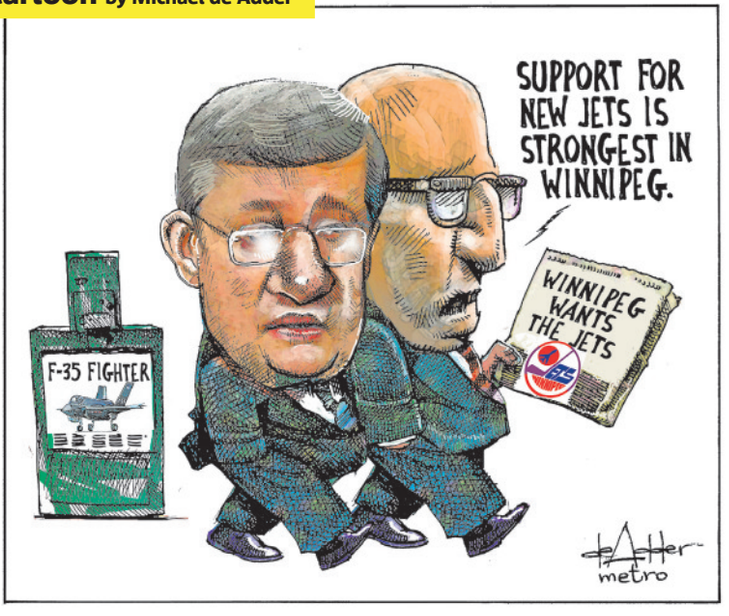
CAIRO, Egypt. A Saudi woman was arrested for a second time for driving her car in what women's activists said yesterday was a move by the rulers of the ultraconservative kingdom to suppress an Internet campaign encouraging women to defy a ban on female driving.

Manal al-Sherif and a group of other women started a Facebook page called "Teach me how to drive so I can protect myself," urging authorities to lift the ban, and posted a video clip last week of al-Sherif behind the wheel in the eastern city of Khobar.

The page was removed after more than 12,000 people indicated their support for its call for women drivers to take to the streets June 17 in a mass drive.

Al-Sherif, a 32-year-old IT expert, was arrested at dawn yesterday and accused of "violating public order," according to a security official who spoke on condition of anonymity because he was not authorized to speak to the media. She was ordered held for five days while the case was investigated. **THE ASSOCIATED PRESS**

Cartoon by Michael de Adder



WEIRD NEWS

No problem catching this tiger by the tail

Police scrambled helicopters and ordered tranquilizers to hunt what they feared was an escaped wild animal in southern England — but found the tiger was just a toy.

Hampshire police say they responded after several residents called in to say they had seen a white tiger in a field near a golf course in Hedge End, near the English coastal city of Southampton.

HAMPSHIRE CONSTABULARY/THE ASSOCIATED PRESS

▶ The toy tiger.

A tongue-in-cheek recorded message posted to the force's media line said that after "a brief stalk through the Hedge End savannah ... it became obvious that the tiger was a stuffed, life-sized toy."

A second message posted yesterday emphasized police had a duty to take such sightings seriously. As for the renegade tiger? "It's being treated as lost property." **THE ASSOCIATED PRESS**

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▶ It's another wild morning-after for the gang in The Hangover Part II, opening Thursday.

The wolf pack is back

Bradley Cooper, Zach Galifianakis and Ed Helms return, this time in Bangkok. With a monkey.

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

After the life-threatening escapades of the first Hangover film, you'd think the "wolf pack" — played by Bradley Cooper, Ed Helms and Zach Galifianakis — would learn to take it easy when celebrating before a wedding.

But The Hangover Part II finds the three in a familiar predicament — though in a very unfamiliar location.

In Thailand for Helms' character's wedding (at a plush island resort), the three wake up in a run-down Bangkok hotel room with no memory of the night before — and once again missing a member of their party. But the exotic location isn't the only thing different about the sequel.

"This movie is more about the dynamic of the three guys, and you really get to know them," Cooper says. "For me, watching the first one, it could almost be boiled down to one joke. The whole movie's a setup and the punch line is the credits. When you get to the end of this movie, I'm excited to see the credits, but that's not what I've been thinking about the whole movie."

Revisiting the characters meant getting to show different sides of them, something Galifianakis was thrilled about.

"I think we all wanted to see us turning against each other a bit, which was fun to watch. It kind of calls for it," he says. "I think that was something kind of new that we explored."

Of course, what was most exciting for the co-stars was heading to the other side of the world to film.

"I just fell in love with Bangkok. We spent two weeks in a resort town, and I couldn't wait to get back to Bangkok," Cooper says, and Galifianakis agrees.

"The jet-lag was a little bit tough, but once you got there and you got settled in, the people are so brilliantly nice that you feel welcome. It's a great society, it really is," he says.

Settling in to Bangkok, Cooper found himself eschewing the local cuisine. "I actually took a liking to Top Menu, which was a Chinese restaurant that I ate a lot at in Bangkok," he says, though Helms is quick to dismiss his co-star's culinary choices.

"It really is just like any Chinese takeout place in New York City," Helms says.

Of course, that attitude — and an appetite for more authentic cuisine — may have been responsible for some major discomfort The Office star suffered while on location.

"I had a very serious hurdle to get past the first week, which was severe food poisoning," Helms says.

"It never fully went away, and maybe I should just leave the rest up to your imagination. Let's just say my body exploded."

While the guys don't wake up with a tiger in their bathroom like in the first film, the animal kingdom is well represented by Crystal, a monkey in a denim Rolling Stones vest with a nasty smoking habit. "Crystal turned out to be kind of this miracle monkey. She's incredible, she can do anything," Cooper says.

"The only downside to Crystal is she has very long claws, and you don't want to get Crystal around an elephant," he warns. "There was one scene where we were walking down the street and there was an elephant, and she kind of destroyed my shoulder."

2 scene

Box office

The reengineered Pirates of the Caribbean sequel On Stranger Tides found its smoothest sailing overseas, where it took in a record $256.3 million at the international box office, according to studio estimates yesterday.

THE ASSOCIATED PRESS

After marriage to ex-Beatle, N.Y. transit board member Nancy Shevell will be Lady McCartney

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Pixar-bound

It took Jamie Metzger a stint in musical theatre to realize that her true calling was animation.

After a brief time pursuing fame in film and TV, she decided to return to her first love, drawing, and it's leading to what could be her biggest role in show business yet – a gig at Pixar Animation Studios in California.

The amiable 29-year-old says for a while she viewed her acting stretch as a waste of time, but now suspects her drama background gave her an edge when she responded to an online job notice.

"I read the Pixar animation posting and it says: 'If you can bring strong acting abilities we can teach you the tools.' And I thought, Well I can act!" says Metzger, who starts at the Monsters Inc. and Toy Story factory June 6.

"Animation really is just acting with a pencil or acting with a computer because the characters aren't going to feel sad on their own or they're not going to dance on their own. You need to infuse that into it."

Metzger is among 12 emerging filmmakers featured in TIFF's Student Showcase, an offshoot of the Toronto International Film Festival launching today in Toronto and heading to Vancouver on Thursday.

Her entry, Paso Doble, is a striking black, red and white rendering of a passionate tango between a woman and a man-turned-bull.

THE CANADIAN PRESS

Showcase info

To find out more about TIFF's student showcase visit:

- tiff.net/studentfilmshowcase
- cinematheque.bc.ca

A bloody good time

Diva Zappa talks about her movie, hotels and the joys of getting messy

NED EHRBAR
METRO WORLD NEWS

Diva Zappa starts in Do Not Disturb, a film that features five different directors.

In Do Not Disturb, five directors offer five different takes on what goes on behind the privacy tag of a very busy hotel room, with a quiet and curious maid, played by Diva Zappa, as the constant element throughout. The actress spoke to Metro about working with multiple directors, the fun of getting doused in blood and secondhand hotel anecdotes.

Your character is the constant element through all the sections of the film. How was that?

That was a surprise. It just kind of happened while we were on set. They just kept putting me in, saying, "Go walk in — and say something, if you want to." I really didn't know what I was in for, and every day was a surprise. Every day was a new adventure because new crews were brought in every day.

That sounds like a unique way to make a project.

Yeah, it was. To work with five different directors in such a short amount of time, it was amazing training to recognize what you don't need to get involved in so you just keep your head down and work on your own stuff. You didn't have time to get into anybody else's business, because if you did it wasted the day.

Have you had any weird hotel experiences in your own life?

No, personally I can't think of any, but I do know my family has seen some pretty interesting things. Because, you know, my father toured a bunch, and we would go with occasionally, so we travelled a little.

Is there a section of the film that you're most fond of?

Yes. I hate to say it, but yes. All of the directors are amazing, and each of them gave me an experience I've cherished, but I had the most fun in Jon Mann-Krieger's piece because that was when I first got to be sprayed with blood.

You did look pretty cool covered in blood.

I know, how weird is that? I'm in another movie where I got covered in blood, and the pictures of me in blood — I'm, like, stunning. It's very strange. Very, very weird. I love it. It's really fun to get dirty, and I don't get to get dirty that often.

It's one of my favourite things, if it's in a safe situation and I know I can go take a shower — which actually I didn't really do on that set, because on the first day of blood it got clogged and there was a problem. When lunch would be called, I couldn't move my hands to eat, so we had to put gloves on me. But it was pretty interesting and fun.

DVD Releases this week Buy it | Rent it | Borrow it | Yawn | Don't bother

Gnomes work their charm

Gnomeo & Juliet
Genre: Comedy/Adventure
Director: Kelly Asbury
Stars: James McAvoy, Emily Blunt and Maggie Smith
★★½

What do you get when you start with the world's most famous play, update it with a baseball team's worth of writers taking inspiration from Shrek and Toy Story, spice the resulting masala with music by Elton John (classics and new tunes) and Lady Gaga, add a laundry list of well-known voice actors — including Hulk Hogan, Maggie Smith, Patrick Smith and Dolly Parton — then have the whole concoction processed at the Disney animation factory?

You get Gnomeo and Juliet, that's what. The garden gnome version of Shakespeare's romantic tragedy that somehow works better than it has any right to.

The painted ceramic version of the oft-told story is set in motion when spunky Juliet (Emily Blunt), wearing a crimson cap, meets and falls in love with Gnomeo (James McAvoy), a blue-hatted garden ornament. The two live in adjacent houses in a brightly rendered English suburb.

But the route to love is not to be a smooth walk down the garden path for these two. The obstacle? When the lawn-lost lovers meet they are both wearing disguises, so are unaware their romance is forbidden. They don't realize they belong to feuding families whose antipathy extends to their respective garden gnomes. (In this family feud, old clan scores are fought with lawn-mower drag races instead of deadly sword duels.)

While this G-rated Disney offering is unlikely to be remembered as the apotheosis of the animation art form, at a blessed 84 minutes, Gnomeo & Juliet gets the job done right for the short set. PETER HOWELL

I Am Number Four
Genre: Sci-Fi/Thriller
Director: D.J. Caruso
Stars: Alex Pettyfer, Timothy Olyphant and Dianna Agron
★★

In I Am Number Four, John Smith (the very pretty Alex Petyffer, a former model) is the new kid on the block in a small Ohio town called Paradise, where he lives with his guardian, Henri (Timothy Olyphant).

John may have the most common name in America, but he's no common guy. He's actually Number Four, and he's not from this planet at all.

John's a stranger in a strange land; he's one of nine alien fugitives from the destroyed planet of Lorien who have made their way to Earth. Another race of aliens, the evil and vaguely fishy Mogadorians, are hunting the Loric survivors, who must be exterminated in numerical order.

Loric survivors One, Two and Three are already dead; John, Number Four, is next on the Mogadorians' list.

As anyone aged from 12 to 20 on planet Earth — and their beleaguered parents — will tell you, it ain't easy being a teen. Imagine how hard it is to be an angsty alien teen, who's developing superpowers as he morphs from Loric child to adult.

But a first love with Sarah (Dianna Agron, who plays cheerleader Quinn on TV's Glee) helps John with his life on Earth. And Agron, along with Australian actress Teresa Palmer, who plays Number Six, keep the pretty quotient going.

I Am Number Four, with its attractive young people, ugly CGI monsters, giant explosions and superhuman alien stunts, may have enough going for it to get its target teens to fire up the DVD player and sit down for a bit.

But when they realize they're being pandered to with a limpid script, they might just get up to make some popcorn and forget to wander back.

PETER HOWELL

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Hiccups goes Hollywood for Season 2 premiere

Series features Brent Butt as the life coach of real-life wife Nancy Robertson, a volatile children's writer Second season kicks off May 30

IAN JOHNSTON
SCENE@METRONEWS.CA

Despite having starred in two hit comedies, Brent Butt is still uncomfortable calling himself an actor.

"I look at myself as an entertainer who does some acting," says Brent, who is back for season two of Hiccups, which he created and stars in with wife Nancy Robertson.

"And I've gotten much better as an actor. But I act within a certain emotional range. If I had to hold a dying child in my arms and scream to the gods — I'm not sure I could pull that off."

In Hiccups, Brent plays the easygoing life coach Stan Dirko — who is given the unenviable task of keeping the loud, volatile children's writer Millie Upton (Robertson) out of trouble.

"She's very likable because she's like a wide-eyed child," explains Butt. "But in that sense, she also has fits like a child. It'd be too tiring if she was just a jerk. She's more a jerk full of wonder."

CONTRIBUTED

▶ Brent Butt

In May 30's season opener, Millie and Stan take a trip to Hollywood to finalize a movie deal. But it all ends as expected when Millie finds herself in an "incident" outside Grauman's legendary Chinese Theatre.

"We wanted to start the season with a bang. And it turned out to be a fun episode. Maybe too much fun. We ended up shooting way too much in Hollywood."

Butt says he learned a lot during the first season of Hiccups.

"You've got to remember we had already written half the episodes before we even hired the cast," he says. "You learn lots just by doing it. You learn the rhythm of the show and the voice of the characters and you start to write to that. Comedy is all about rhythm. Well, mostly ..."

Sounds like Butt has put a lot of thought into the nature of being funny. Has he ever considered lecturing on comedy?

"I've been asked but generally decline. Comedy kind of refuses to be analyzed. It stops existing once you get scientific about it."

The second season of Hiccups premieres May 30 at 8 p.m. (ET) on CTV.

Ready for prime time

As MTV Movie Awards host and budding movie star, centre stage beckons for Jason Sudeikis Saturday Night Live veteran got his start in improv

As several cameras and a large film crew hover around him, Jason Sudeikis is enjoying the attention.

"Think about how long this lighting would take if I didn't have perfect bone structure," he says, smiling. "Show off God's work."

Sudeikis is shooting promotions for the MTV Movie Awards, which he'll host June 5. As he lists the attendees, he riffs effortlessly ("Blake Lively ... nice guy?") and ponders the Scrabble points in "Shia LaBeouf."

The awards will introduce Sudeikis to millions of viewers just as he's making his largest splash on the big screen. He stars in the upcoming summer comedy A Good Old Fashioned Orgy, out in September, and plays a supporting role in the star-filled Horrible Bosses, out in July.

For the veteran Saturday Night Live cast member, centre stage is a relatively new vantage point. Hosting the MTV Movie Awards (the last two hosts were Andy Samberg and Aziz Ansari) has been a kind of platform for rising comedians on the cusp. "A platform either to dive beautifully off of or to fall completely off of, but a platform nevertheless," says the 35-year-old Sudeikis.

CHRIS PIZZELLO/THE ASSOCIATED PRESS FILE

▶ Jason Sudeikis

Though born in Virginia, Sudeikis was raised in Kansas City, Kan., and has a Midwestern aw-shucks candour. But he often uses a cheery facade for arrogant or oblivious characters. Whether playing U.S. Vice-President Joe Biden or the devil, Sudeikis is usually grinning broadly.

"I always liked smart asses," he says. "I probably wanted to be Axel Foley from age nine until 38. In three years, I'll probably stop wanting to be Axel Foley. I like people that laugh, smart asses that also laugh, that don't take any of it too seriously. Love Ace Ventura. Love Groucho Marx. Love Bugs Bunny."

Sudeikis didn't sincerely pursue comedy until he came to the famed Chicago improv troupe Second City in 1997. His family had some familiarity with showbiz: Sudeikis' uncle is George Wendt (Cheers). Wendt's success, Sudeikis says, pacified his parents in accepting entertainment as a career. At Second City, he "dove in completely" to improv and helped develop a Las Vegas offshoot. There, he became enamoured of the Blue Man Group and even auditioned once (unsuccessfully).

He was hired first as a writer on SNL, which he did for two years, getting a handful of sketches on the air. Though Sudeikis yearned to be a performer, he learned the SNL system and relished the writing process. "I really enjoyed the rewrite table. That was my favourite thing to do," says Sudeikis. "When Tina Fey likes one of your jokes and puts it into the script, you can't help but feel like, 'Maybe I am somehow doing the right thing, the right job.'"

Sudeikis became a cast member in 2006 as part of one of the show's best classes: Kristin Wiig, Bill Hader and Andy Samberg. Sudeikis and Wiig often wrote together and one of their late-night, gum-chewing sessions led to an early recurring hit: "Two A-Holes." In it, the two played an absurdly self-absorbed couple.

Sudeikis says this SNL season, which concluded this past weekend, has been one of creeping nostalgia, as he, Wiig, Hader, Samberg realize their time together is waning. "We all sort of realize that you're not going to do this forever," says Sudeikis, who expects to return next season.

But they all have other projects now, too. For Sudeikis, most notably, there's A Good Old-Fashioned Orgy, an R-rated comedy in which a group of friends decide to have an orgy. It's a generational kind of film with characters in their late 20s and early 30s — stuck between the free-love '60s and the sexting '00s — insisting on their own chance for sexual inhibition.

THE ASSOCIATED PRESS

Is it really O-ver?

When Oprah weeps goodbye tomorrow, will she truly be gone forever?

The sun will come out on Thursday. Bet your bottom dollar. Moreover, the Earth will almost certainly still be spinning on its axis.

This is not to say change isn't in the wind.

As everybody knows, The Oprah Winfrey Show is ending tomorrow after a spectacularly successful, quarter-century run, and the air is thick with "we-shall-not-see-its-likes-again" eulogies.

Understandable. After being a long fixture on daytime TV as well as in the national psyche, it may be hard for us to imagine how the 60-minute void Oprah is leaving can be filled. (Though it won't need to be filled until September. Oprah reruns will air on most stations throughout the summer months, helping viewers through their process of withdrawal.)

Of course, her leave-taking has caught no one by surprise. She made it official in November 2009, declaring that "the countdown to the end of The Oprah Winfrey Show starts now."

At the time, I invited Oprah fans to get an early start on the grieving process as they began planning how to deal with the loss. I noted that, for a generation, Winfrey has been our moral arbiter, lifestyle coach and window on the world.

"How then," I posed, "will we manage without Oprah as a daily TV reference point? How will we know what to read, buy or think?"

On the other hand, as Oprah walks away, how far is she really walking?

Granted, she'll reside 1,800 miles from Chicago, in Santa Barbara, Calif. But she will not be silent nor invisible. Her 5-month-old cable channel, OWN: The Oprah Winfrey Network, is meant to be a round-the-clock, always-open source of Oprah-nalia, with Winfrey its spiritual curator maintaining a constant presence, even from off-camera.

Since its Jan. 1 sign-on, the network has suffered from lower-than-expected ratings, and, early this month, fired its CEO. But it's just getting started, and, with the end of her syndicated show, Winfrey plans to devote her full energies to OWN.

As one of the network's future offerings she will star on Oprah's Next Chapter" whose title signals how she views her ambitious new TV venture overall. And though most of OWN's programming won't be hosted by her, everything will be vetted by her to make sure the message fits into her gospel.

Conclusion? You won't have to look hard to find Oprah. The rest of the world will carry on as always. THE ASSOCIATED PRESS

Final episodes

- Yesterday and today's episodes were part of a two-section "Surprise Oprah!" farewell spectacular with guests including Tom Cruise, Will Smith and Madonna.
- The itinerary for tomorrow's episode has been kept completely under wraps.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

▶ Oprah sheds tears as men from Moorehouse College sing during a star-studded taping of one of her final shows.

Singer censored

Gaga reveals a little too much lady in CTV interview

A backstage interview with Lady Gaga is causing a stir online after the star flashed a little more skin than expected.

The megastar's right breast was blurred out through much of an hour-long interview on CTV's eTalk, which premiered Saturday night and was to air twice Sunday afternoon.

Posts on Twitter jokingly referred to the apparent exposure of a nipple as a "nip-slip."

But host Ben Mulroney said he barely noticed the slip-up and that the blurring was just a precaution.

Asked on Twitter whether the so-called "nip slip" was awkward, he replied: "Really, it wasn't so bad. we're just being careful.

He later tweeted: "To be honest, I didn't even notice the 'nip slip"'.

Gaga wore a black halter bra, fishnet tights, over-the-knee boots and fingerless gloves.

It wasn't her only wardrobe malfunction that night - many reported a similar blooper during her performance in a skit with Justin Timberlake on Saturday Night Live. The singer made no mention of either incident on Twitter.

THE ASSOCIATED PRESS

YIU MOKA/THE CANADIAN PRESS/AP-PA

▶ Lady Gaga

Teen wears star's dress to the prom

Lots of teenage girls go all out for their prom, but few get to wear a $25,000 Versace Couture dress designed for actress Christina Ricci.

Ricci wore the sparkling, pale grey, floor-length dress to this year's Oscars. Kayla Staskiewicz wore it to Waterford Mott High School's May 13 prom. The Oakland Press of Pontiac reported Sunday that her father, Mike Staskiewicz, entered her name a WDIV-TV contest to win a chance to wear the size 0 dress.

Staskiewicz says there was just one question when she learned she'd won: Would it fit?

She says on the station's website that she stepped into the dress the day before the prom, and it fit beautifully. Staskiewicz told the newspaper she felt "really pretty".

THE ASSOCIATED PRESS

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Celebrity tweets

So...my husband just got deported from Japan. I am so. sad. I brought him all this way to show him my favorite place

@rustyrockets

Planning escape from Japanese custody. It's bloody hard to dig a tunnel with a chopstick

@justinbieber

for once waking up because of jet lag is great .... because i just found out we won 6 AWARDS 2nite!! I THOUGHT IT WAS 3!!! CRAZY!!

Shriver could be in for a big payout

Couple have not filed for divorce yet

If Maria Shriver decides to divorce Arnold Schwarzenegger after revelations of his fathering a child with a former household employee triggered the couple's separation, it could prove to be one of the costliest settlements in recent history, trumping even Tiger Wood's $110 million payout, according to Page Six.

Given the former California governor's estimated worth, Shriver could walk away with more than $200 million, despite a prenup sources believe the couple signed.

Neither Shriver nor Schwarzenegger have filed for divorce yet.

METRO

DAVID PAUL MORRIS/GETTY IMAGES

▶ Arnold Schwarzenegger and Maria Shriver

Cole told to break up with her boyfriend

Before breaking into U.S. television, X Factor judge Cheryl Cole is reportedly receiving some very personal demands from her bosses.

Fox executives want Cole to ditch her boyfriend of one year, Dancing with the Stars hoofer Derek Hough, according to the Mirror.

"Show producers have told her that being single would do wonders for her image. And there would be no shortage of guys in L.A. lining up to go on a date with Cheryl," a source says.

"Derek may be dreaming of worldwide stardom, but he's seen as a small-time dancer on a TV show ... and pretty uncool. TV executives are thinking that if she's going to win over Hollywood, she'd be better off doing it as a sassy and single girl-about-town."

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Knee pain got you down?

ISTOCK IMAGES

▶ Research found that doing hip exercises with an exercise band for three weeks led to a 50 per cent reduction in knee pain.

Simple exercises can strengthen hips and help heal knee injuries

CELIA MILNE
LIFE@METRONEWS.CA

Great news for runners and would-be runners: Easy and inexpensive hip exercises have proven to prevent knee injuries and keep you on the road.

"I like the simplicity of it," says Reed Ferber, director of the Running Injury Clinic and an associate professor in the faculty of kinesiology at the University of Calgary. "There have been lots of gimmicks with shoes and orthotics. This is a piece of $8 surgical tubing. Doing two simple exercises can have such a positive impact on runners."

Ferber believes that hundreds of thousands of Canadians could benefit from these exercises. "Four million people are engaged in formal running programs. Triple that for running recreationally."

Scientific studies show that 50 per cent of runners get injured every year. About 80 per cent of those are from the knee down and half are at the knee.

"Let's say all Canadians who run did these two exercises, even if we were able to reduce injuries by 10 per cent, that's 400,000 runners."

Even in those with mild to moderate knee osteoarthritis, these hip-strengthening exercises can reduce pain in the knee.

Using gait analysis technology, Ferber and colleagues found that doing the hip exercises (strengthening the hip abductor and the hip gluteus medius muscles using an exercise band) for three weeks led to a 40 per cent increase in hip strength and close to a 50 per cent reduction in knee pain. Their study was published in a recent issue of the Journal of Athletic Training.

For more, visit runninginjuryclinic.com.

How not to run

Running injuries are common. Research shows half of runners get injured every year. And 80 per cent of those injuries are from the knee down. Many of these are preventable by avoiding training errors. Here are some don'ts from Reed Ferber.

- **DON'T** increase your distance by more than 10 per cent a week.
- **DON'T** run faster than you are ready for just to keep up with another runner.
- **DON'T** all of a sudden go outside and run 5 km if you've been running 5 km on a treadmill for several months.
- **DON'T** run 8 km if you are only supposed to run 5 km.
- **DON'T** run if you are injured. Seek help from a sports medicine professional.

3 life

Aspirin makeover

Bayer is looking for a speedy remedy for stagnant aspirin sales.

The company, whose name is synonymous with the pain reliever, introduced a reformulated aspirin yesterday that works in half the time of its regular aspirin.

Bayer says its aspirin is now better-known for preventing heart attack and stroke than for its pain reliever roots. Bayer AG says it needed to revitalize the brand and target younger customers. Expanding the demographic of users is key to budging Bayer's 14.6 per cent market share.

Most of its customers are around age 60; it's now targeting 40-somethings.

THE ASSOCIATED PRESS

Europe OKs Pfizer, Bristol-Myers blood thinner for hip, knee replacement patients. Scan code for story.

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Vegans in vogue

We used to think of vegans as skinny, pale-faced hippies that would rather eat soil than food with flavour
But a plant-based diet can be healthy and sexy

ROMINA MCGUINNESS
METRO WORLD NEWS

For years, the general line concerning vegans has been: "They look emaciated and live off cardboard. And they're annoying as hell at dinner parties."

The thinking now: "Vegans are slim, sexy and generally healthier than people that include animal produce in their diet. Even if they're still slightly annoying at dinner parties."

Being a vegan involves scrapping all animal produce from your diet — no meat, no eggs, no dairy and no honey.

For a long time, the word "vegan" used to send a chill down people's spine as they associated it with deprivation, tasteless meals, malnourishment and poor health.

Over the past two decades the global praise of protein-heavy diets such as Atkins and Dukan has left people with little faith in the vegan way of life as most assume that by surviving off seeds, fruits, legumes, vegetables and soy, vegans lack in essential nutrients necessary for maintaining good health.

Lie, say vegan chefs. It's actually much better for your health.

Kathy Freston, author of the book Veganist, says she can prove it. A vegan for seven years, Freston made the transition from a typical southern girl raised on fried chicken to a dairy-loving vegetarian to, finally, veganist.

"Within weeks of going vegan my energy levels soared and my skin cleared," she says.

Being on a vegan diet dramatically lowers cholesterol levels (the sole source of this being animal produce) and blood sugar levels, and increases natural metabolic rate.

Although humans are omnivores, our bodies thrive on a plant-based diet that over time promotes lower rates of heart disease and obesity.

"A plant-based diet has a high thermal effect as calories are burnt as heat, for up to three hours after your meal calories are burnt at a rate 16 per cent higher than a regular diet," says Freston.

"Within weeks of going vegan, my energy levels soared and my skin cleared."
KATHY FRESTON, VEGANIST

CHARLES BUSH

▶ A chocolate cake without eggs? We'll take it.

Cheating tip

Creamy cashew: Take a handful of cashews and soak them in one inch of water overnight. The next day, blend them and what you get is a thick rich cream that can be used as a base for soups and sauces.

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3 VEGAN PHONE APPS

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When a friend says, "Let's check out this steakhouse," open this app to find a vegetarian option nearby. It's got a huge database.

VEGANXPRESS

This useful app tells you which entrees are vegan at popular chain restaurants.

HAPPY COW

Another restaurant guide, this is the definitive resource for meat-free restaurants.

Cheese-free mac 'n' cheese

Vegan chef Chloe Coscarelli shares her recipe for cheeseless mac 'n' cheese. It gets its yellow colour from nutritional yeast and is loaded with B vitamins. For more, see chefchloe.com.

Ingredients:
- 1 pound pasta
- 1/4 cup soy-free margarine
- 1/3 cup flour
- 3 cups non-dairy milk
- 1 cup nutritional yeast
- 2 tablespoons tomato paste
- 2 teaspoons sea salt
- 1 teaspoon garlic powder
- 1 tablespoon lemon juice
- 1 cup broccoli florets (steamed)

4 portions
Prep time: 5 min.
Cooking: 15 min.

▶ It gets its colour from yeast, not cheese.

Preparation:

1. Cook pasta.
2. In a saucepan whisk the margarine and flour over medium heat for 3-5 minutes. Add milk, yeast, tomato paste and garlic powder and bring to boil, whisking frequently. Reduce heat to low and let simmer until it thickens. Adjust seasoning to taste and stir in lemon juice. Toss noodles with the sauce and broccoli.

Don't go without

The four food groups to include in a vegan diet:

1. Protein: One of the biggest misconceptions of a vegan diet is lack of protein. Move away from animal protein and go for nuts, seeds, tofu, beans, legumes, chickpeas and seitan.
2. Complex carbohydrates: Go for sweet potato, brown rice, quinoa, barley and yam.
3. Vegetables: Try broccoli, chard, kale and spinach.
4. Fruit: Try apples, raspberries, bananas, grapes, mango and pineapple.

Try it out

Freston admits that going vegan is a challenge that requires effort and willpower. "We have an emotional bond with food so it's about changing (or sacrificing) life-long habits. Go at your own momentum. For example, if you love your coffee with cream, switch to a soy-based creamer, almond or rice milk."

Bringing Glee to yoga

Hot hatha yoga teacher empowers students, puts musical twist on classes First album, Hallelujah, will be released worldwide in July

DARRYL DYCK/THE CANADIAN PRESS

▶ Blunderfield mixes rock 'n roll and musical theatre with yoga poses.

DARRYL DYCK/THE CANADIAN PRESS

▶ Will Blunderfield

It's a glistening 40 C in the yoga studio where three rows of students sitting cross-legged on mats wait patiently, hands at heart in prayer.

"Let's begin by singing three times the bonjo-vi chant," says the instructor, "followed by Om."

We prepare with a deep, cleansing breath.

"Whooah, we're halfway there," he belts out, surprising newcomers to the drop-in class. "Whooah-oh! Livin' on a prayer."

If Sanskrit swapped for a popular rock anthem is any indication, this is no typical yoga class. Sporting eyeliner, black nail polish and a wicked grin, Will Blunderfield dubs it "Glee Yoga," a nod to the hit TV series.

One thousand students cram into the 25-year-old's self-styled classes at five studios across the Vancouver area each week to participate in the ancient practice with Blunderfield's musical theatre twist. He teaches all the traditional poses in his hot hatha yoga classes, but they're exuberantly spiked with Tony Robbins-like motivational affirmations and set to a sensational score.

He jokingly describes himself as Richard Simmons' love child with Capt. Jack Sparrow.

"With who he is, you'd think he'd be limited in who he would attract," says Lara Kozan, co-founder of Yyoga studios, which aims to make yoga more accessible.

"Whoever you wouldn't think would resonate with his class, he has those people resonating too. They might have their eyebrow up for the first half of the class, and then they're singing along for the rest."

It may be because of Blunderfield's message: "Follow your heart, love yourself, there's nothing wrong with you," he says in an interview. Or perhaps it's his stellar voice, coupled with genuine delivery: "Do everything you're doing, but don't do it to impress people — do it to inspire." THE CANADIAN PRESS

BODYISMYOGA

Yoga pose. Shoulder stand/Sarvangasana

What you do:

1. Lie on the floor on your back with your arms at your side, palms down.
2. Bring your legs up at a right angle to your torso.
3. Lift your pelvis, torso and tush off the floor.
4. Bend your elbows and support your back with your hands
5. Lift your legs and hips upward, moving your hands towards your shoulder blades.
6. Steady your spine when you have reached a position where your legs and torso are at a right angle to the floor.
7. To come out of the pose safely, move your legs towards your head. Slowly roll your spine back down.

STEPHANIE KNUTSSON, BODYISM YOGA INSTRUCTOR

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A cure for enlarged prostates?

Dr. Mostafa Elhilali, a urologist at the Montreal University Health Centre, last week presented the findings of a decade-long study of a form of laser treatment used to dramatically reduce the size of benign enlarged prostates

"Over 10 years, the likelihood that you're going to need another laser operation because the prostate grew back is 0.7 per cent. So 99.3 per cent will not come back over a 10-year period," he said. The technology is known as Holmium Laser Enucleation of the Prostate, or HoLEP.

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Boys not immune to body image pressures: Study

Whether they're longing for a slimmer waistline, pumped up biceps or washboard abs, feelings of body dissatisfaction are experienced by many teen girls and boys.

While much is made of the pressures on young women to fit within often-narrow body and beauty ideals perpetuated in media, researchers say young men aren't immune to similar stressors.

U.S. researchers recently conducted a small study of male and female students at Boston-area high schools who tested BodiMojo, an online health and wellness website.

"For boys, it's more about not sexualizing them per se but more trying to grow them up into the 'Be the man, be tough, be strong, be all that a man is supposed to be,'" said Roberto Olivardia, a clinical psychologist and clinical instructor at Harvard Medical School.

Olivardia said for many boys, it's not so much an issue of weight as it is shape and fitness.

"Even boys I've worked with with eating disorders who are more restrictive eaters or even more on the anorexic side ... most of them don't idealize being skinny per se, but they idealize being lean. And muscle is a huge component of boys' body image, certainly much moreso than what you see with girls."

While influences come from multiple places, Olivardia said it's hard to deny the role of media in shaping boys' body image.

"Nowadays, for teenage boys, they walk into an Abercrombie and Fitch store and they are immediately greeted by an entire wall image of a young guy with perfect pecs and very muscular biceps, so the imagery is definitely much more intense than it even was 10 years ago."

JILL CONNELLY/THE CANADIAN PRESS

▶ Actor Vin Diesel represents the "hyper-muscular" ideal.

The Internet and social media sites are also fostering a more visual and instant gratification culture placing greater emphasis on appearance, he said.

THE CANADIAN PRESS

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Give your pasta a potato makeover

This Potato & Chicken Lasagna and Arugula Potato Pasta include a hearty dose of the veggie that's normally reserved for mashing or frying

ISTOCK

This recipe makes six to eight servings.

Here is a unique twist on popular lasagna. It's made with potatoes instead of noodles to add a hit of fibre and other nutrients.

This recipe was created by chef Gordon Bailey of Lot 30 Restaurant in Charlottetown.

Preparation:

1. Heat heavy-bottomed pan on high and lightly coat bottom with cooking oil. Sauté chicken with onion and 2 cloves of chopped garlic. Season with salt and pepper. Set aside.
2. Melt butter with remaining garlic. Toss potatoes with melted butter mixture until potatoes are evenly coated. Season with salt and pepper.
3. In oven proof baking dish, alternately layer potatoes, tomatoes, zucchini, chicken, thyme, oregano and parsley. Cover and bake, in 350 F (180 C) oven for 30 to 45 minutes until all layers are easily pierced with a paring knife. Uncover and sprinkle with goat cheese and bake for 5 to 10 minutes.

THE CANADIAN PRESS/ PEI POTATOES

Ingredients:

- 1 lb (500 g) extra lean ground chicken
- 1/2 cup (125 mL) diced onion
- 4 cloves garlic, chopped
- Salt and pepper
- 6 large peeled potatoes, thinly sliced
- 1/4 cup (50 mL) butter
- 4 large tomatoes, thinly sliced
- 2 zucchinis, thinly sliced
- 1 tbsp (15 mL) each chopped fresh thyme, oregano and parsley
- 1 1/4 cups (300 mL) goat cheese, crumbled

METRO

Arugula Potato Pasta

This pasta dish reflects the vibrant colours of Italy's flag. With the addition of potatoes to the pasta, the sauce is well absorbed and full of flavour.

Preparation:

1. In large skillet, heat oil over medium heat and cook garlic, anchovy paste and hot pepper flakes for 1 minute. Add tomatoes, basil and salt and bring to boil.
2. Reduce heat and boil gently, stirring occasionally for about 15 minutes or until thickened.
3. Meanwhile, in large pot of boiling salted water, cook potatoes and pasta for 10 minutes or until potatoes are tender and pasta is al dente. Drain and return to pot.
4. Pour sauce over pasta mixture and toss to combine. Add arugula and cheese and toss well.
5. Scoop into pasta bowls and dollop each with ricotta cheese.

METRO

Ingredients:

- 2 tbsp (25 mL) extra virgin olive oil
- 3 cloves garlic, minced
- 1 tsp (5 mL) anchovy paste or 2 anchovy fillets, minced
- 1/4 tsp (1 mL) hot pepper flakes
- 1 can (19 oz/796 mL) diced tomatoes
- 1/4 cup (50 mL) roughly chopped fresh basil
- 1/4 tsp (1 mL) salt
- 2 Yukon Gold potatoes, chopped
- 5 cups (1.25 L) rigatoni or penne pasta
- 2 cups (500 mL) baby arugula or spinach
- 3 tbsp (45 mL) grated Romano or Asiago cheese
- 1/2 cup (125 mL) ricotta cheese

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Combine fruits & veggies for fresh take on stir-fry

THE CANADIAN PRESS/ HO

▶ This ginger chicken stir-fry uses fruit and vegetables.

Stir-fries are a fast dinner for people on the go and this one is no exception.

All of the Asian ingredients are available at most supermarkets.

Preparation:

1. In a small bowl, stir all of the sauce ingredients together, adding your desired amount of hot Chinese chili garlic sauce, until mixed and cornstarch has dissolved.
2. Thinly slice the chicken into bite-size strips. Snap tough ends from the asparagus, then slice it diagonally into pieces about 5 cm (2 inches) long. Slice the red pepper into large bite-size squares, cut plums into wedges and thinly slice green onions.
3. Heat oil in a very large frying pan or wok over high heat. Add the chicken and stir-fry until golden-tinged. Add ginger and garlic and stir-fry for 1 minute. Add asparagus and bell pepper and continue to stir-fry for a couple of minutes until just tender, adjusting heat as necessary.
4. Add sauce to stir-fry. Stir continuously until bubbly and thickened, about 1 minute. Then add fruit and green onions. Stir just until hot, about 2 more minutes.

THE CANADIAN PRESS/ EXPERIENCE CALIFORNIA

Ingredients:

Sauce

- 75 ml (1/3 cup) water
- 45 ml (3 tbsp) oyster sauce
- 30 ml (2 tbsp) soy sauce
- 15 ml (1 tbsp) dark sesame oil
- 5 to 10 ml (1 to 2 tsp) hot Chinese chili garlic sauce
- 10 ml (2 tsp) cornstarch

Stir-Fry

- 2 skinless boneless chicken breasts
- 250 g (1/2 lb) asparagus
- 1 sweet red or yellow bell pepper
- 2 plums or peaches
- 2 green onions
- 15 ml (1 tbsp) vegetable oil
- 30 ml (2 tbsp) finely minced ginger
- 2 garlic cloves, minced

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Top 10 reasons you will fall in love with Inigo

From the food to the prices and portions, this restaurant does lunch right

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONEWS.CA

1. Tasty fare: Modern food with delightful ingredients and pairings.

2. Affordable prices: Mains range from $5.75 to $12.

3. Fine-dining ingredients: Braised Venison ($6.75) and fork-tender Braised Beef Cheeks ($6.25) are usually found in restaurants with white tablecloths.

4. Fun space: Though narrow, clean lines make it a sweet little spot.

5. Plentiful: Served liked tapas, you'll be pleased the bowls are not teeny ones.

6. Healthy: Brown Basmati Rice ($2.50) and Quinoa with Parsley Root ($3.75) give you the energy to power through your day.

7. Clout: Inigo chef/co-owner Carlos Hernandez used to run Torito's kitchen.

STEPHANIE DICKISON

▶ The food is served tapas style.

8. Light, nourishing dishes: French Lentils & Squash Salad ($3.25) is satisfying without being heavy.

9. Quick: Because things are pre-made, dishes come out soon after you order.

10. Where else can you find all of these things in one location?

Inigo
927 Queen St. W. (across from Trinity Bellwoods Park)
416-656-6707
inigofood.ca
Reservations: No
Quick solo lunch: Yes
Rating: 5 out of 5

THE CANADIAN PRESS/ HO

Blueberry Smoothie

Make this version of the smoothie for your children's breakfast or after-school snack. Frozen blueberries are available in your grocery store's freezer for this fast antioxidant-laden treat.

Preparation:

1. In a blender, combine milk, blueberries, yogurt and honey; puree until smooth.
2. Pour into glasses; serve immediately.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 500 ml (2 cups) milk
- 500 ml (2 cups) frozen blueberries
- 125 ml (1/2 cup) vanilla-flavoured yogurt
- 30 ml (2 tbsp) honey

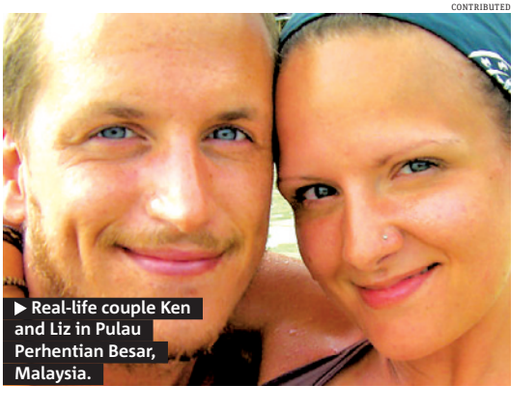
CONQUERING A MOUNTAIN AND A HEART

Names:
Ken, 30, and Liz, 30

Hometown:
Toronto

Together since:
2007

CONTRIBUTED



▶ Real-life couple Ken and Liz in Pulau Perhentian Besar, Malaysia.

I (Ken) always tell people that my wife, Liz, married me solely because I climbed Mount Fuji, an accusation she denies.

We met in 2007 when we were both teaching ESL at different schools in Busan, South Korea.

Our mutual friend Blake (Cupid disguised as a co-worker) shot me with his love arrow and nudged me in Liz's direction. Over the course of a group trip to Japan, we discovered we shared an identical sense of humour, a love/hate relationship with sushi (I love it; she hates it) and a hunger for travel, which would later take us around Asia and a big chunk of Europe together.a

Before I set off to climb — or conquer, as I like to say — Mount Fuji, Liz and I locked eyes in the Kyoto train station.

I couldn't tell whether her eyes were saying, "Come back because I like you," or "Wow, you're so brave!" I like to think it was both. A mere 48 hours later, I returned, tired and wet, but triumphant!

We began dating soon after and married in Seoul, South Korea, in 2009 before moving to Toronto, where we still live today.

Liz often interrupts my Mount Fuji tale by informing listeners that 200,000-plus people (young and old) climb the volcano every year, so I always end my story by reminding them that out of all those hundreds of thousands courageous souls, she married me — making me both brave and lucky.

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TRAVEL FOR TREATS

TWO SISTERS

Dear Claire and Andrea, I travel a lot for work and have met great guys in some of the cities I've been to. Lately I've been dating two guys — each in a different city — but I can't seem to find anyone in my own town. What am I doing wrong? Am I destined to have to travel for my treats?

ANDREA & CLAIRE
RELATIONSHIPS@METRONEWS.CA

Claire: Dear Travel for Treats,

One of the great side effects of travel is the ability to shed the minutiae of our lives. There are no plumbers to call, no dry cleaning to pick up, no cat litter to scoop. We become a less stressed version of ourselves, less likely to walk down the street ignoring the world, in a cloud of to-do lists.

Result? We're more open to the people we encounter. And once we do meet someone interesting, the mental checklist we usually subject a potential fling/mate/partner to is that much shorter. At home, we're either too distracted to notice those who notice us, or once we meet them, we question whether they should be allowed into our world, and if so, in what capacity.

Spontaneity is exchanged for mind games, openness for caution.

Andrea: I envy your position because you don't have to deal with those really boring days, the fat days, the PMS days ... You only get the good stuff because time is short, and your partners try to make it count.

The downside is that it's probably warped your relationship standards, which makes it really hard for potential lovers in your hometown to please you after a while.

Being in a long term relationship myself, I can say that you're missing out on some seriously hot stuff: sweet wake-up calls caressed with morning breath, romantic rendezvous in the frozen dinner aisle, elegant repartees over broken washing machines ... but also, a guaranteed hug when you're in a bad mood, having fun doing the mundane tasks, and you know you're going home with a hottie after that party. Even if you don't get five-star treatment all day every day, the little things really do add up.

TWO SISTERS, 20-SOMETHING ANDREA AND 30-SOMETHING CLAIRE, OFFER THEIR DIFFERING VIEWS ON YOUR RELATIONSHIP ISSUES.

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New York $198
Travel Jun 7 - Jun 14/ac — + taxes & fees $117

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INCLUDES accom in the historic French Quarter. Departs Jun 5/ggv/us. UPGRADE to 4-star W French Quarter for $61 per night. ADD Swamp & Bayou tour for $49.

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POPPING THE QUESTION?

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

Engagement rings can be pricey, but they are also an important symbol of commitment in a relationship. Take your time selecting a ring that reflects your values and your budget.

Keep in mind that during lean times, many couples don't even buy an engagement ring, just their wedding band.

Determine your budget before you shop. Avoid massive amounts of debt for a ring and save up! Some diamond experts have recommended that you spend between two and three months' salary on a ring. But, that's not the law. Do what's right for you.

Research the types of rings available and the costs associated with your combination of choices: metal (gold, platinum, silver, etc.), stone (diamond, sapphire, etc.), and setting. Research how the cut, clarity, colour and carat impacts the price.

Investigate the jeweller and get referrals from trusted friends or family members. For example, do you want a custom-made ring or one that is ready to go? See if the jeweller has an exchange or return policy just in case.

Bring a trusted ally who can help you wade through the thousands of choices. Consider shopping with your partner so you can make the decision together.

Plan ahead for the expense by saving in advance. Avoid store credit as the interest rates are hefty.

Self-employed tax tips

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

Keep self-employed headaches to a minimum by being organized and knowing the tax-filing rules.

The first half of the year is full of deadlines from RRSP contributions to taxes. And here's another one: the deadline for the self-employed to file a tax return is June 15.

This confuses many new self-employed individuals because you still must pay tax owing by the same date as everyone else — this year it was May 2nd. But you have an additional six weeks to get your return into the Canada Revenue Agency.

If you are thinking about striking out on your own or you are a self-employed newbie, here are five common questions fielded by H&R Block about business taxes.

1. Do I need a business number? You don't need a number or even to be registered as a business. But you do need to fill out a T2125 Form, which details your business income and expenses as part of your personal return. Don't make the common mistake of listing self-employed income on line 104 (other income).

2. What about CPP premiums? If you earned more than $3,500 you will have to pay.

3. Do I need to register for HST/GST? Those earning more than $30,000 must register for a GST/HST number. But it is a good idea anyway because you can claim input tax credits for the GST/HST you pay.

ISTOCK

▶ The number of self-employed women has increased by 50 per cent over the past 15 years.

4. What happens if I declare a loss? Losses can be carried forward to future years to reduce the tax load when your income is higher.

5. Do I need receipts? Oh you betcha! Keep everything related to your expenses in separate files for each category.

Don't forget that the expenses must be incurred in order to earn an income. If you are using your car for business, maintain a mileage log.

This can be a bit of a pain but after one base year of log keeping you can move to the new simplified method, which uses the base year percentages.

Recession effect

▶ **During the 2008-2009 recession** the number of self-employed in Canada jumped by 100,000 while the number of paid employees sank by 480,000.

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Call 416-393-INFO (4636) for more information about Accessible TTC.

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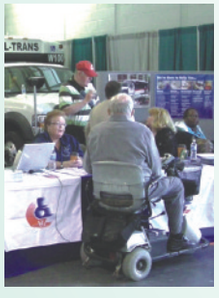
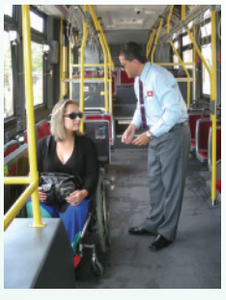




See you at the Show!

The serious side of social media

Employment lawyers predict that cases of dismissal involving Twitter and Facebook will become common

Manchester United is considering a ban on tweeting after star Wayne Rooney responded to a heckling soccer fan with: "I'll put u asleep within 10 seconds u little girl."

Rocker Courtney Love had to shell out $430,000 US to settle a defamation suit stemming from her ill-advised tweets.

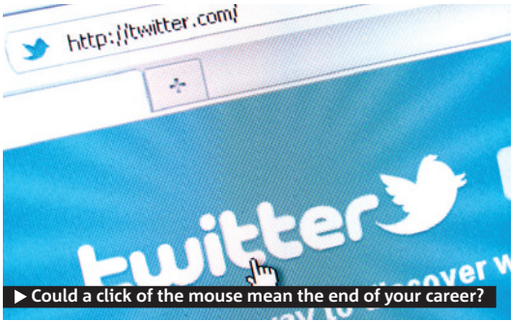
But those in the public eye aren't the only ones who should watch what they tweet. Lawyers warn it probably won't be long before an unknown Internet user inadvertently becomes a case study in how not to use social media.

Lawyers caution that there are real risks in sharing potentially controversial opinions or statements with the world via Twitter, or even in a private network on Facebook.

But they can't say exactly what kind of statements constitute crossing the line, because Canadian courts haven't weighed in on the issue — yet.

Toronto employment lawyer Stacey Ball isn't hearing about many claims of wrongful dismissal associated with social media posts gone wrong, but he expects that will change eventually.

ISTOCK



▶ Could a click of the mouse mean the end of your career?

"It does happen but you don't see a lot of it, it's sort of a very recent phenomenon," says Ball, who is also the author of the industry tome Canadian Employment Law.

"But you're going to see more of this."

Under Canadian law, a non-unionized employee can be fired at any time, for any reason provided they're given adequate notice or pay in lieu. But an oft-cited 1967 Ontario Court of Appeal ruling provides grounds for an employer to terminate without compensation.

"If an employee has been guilty of serious misconduct, habitual neglect of duty, incompetence, or conduct incompatible with his duties, or prejudicial to the employer's business, or if he has been guilty of wilful disobedience to the employer's orders in a matter of substance, the law recognizes the employer's right summarily to dismiss the delinquent employee," reads the decision.

Ball says he would be fascinated to see Damian Goddard's case tested by law.

Goddard landed in hot water last week after retweeting a comment by Twitter user @Uptownhockey, an account for Burlington, Ont.-based Uptown Sports Management, which stated: "Very sad to read Sean Avery's misguided support of same-gender 'marriage.' Legal or not, it will always be wrong."

In his own tweet, Goddard wrote: "I completely and whole-heartedly support (Uptown's) Todd Reynolds and his support for the traditional and TRUE meaning of marriage."

A firestorm of criticism followed and it didn't take long for Goddard's employer, Rogers Sportsnet, to distance itself from his comments. The following day, the company released a statement announcing that Goddard was being let go, for reasons not necessarily connected to his Twitter account.

THE CANADIAN PRESS

CORRECTION: Please note that on May 16, Teresa Kruze's Turning Point column featured a sidebar that, due to a publication error, was missing the following step: "**Put steaks off to the side with no heat.**" This step should have appeared after, "Sear one minute each side with the lid open."

SUPREME SWITCHES

WORKPLACE LAW

DANIEL LUBLIN
DAN@TORONTO-EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN

Two recent cases define the current state of workplace law in Canada above all others. Both cases have made a drastic impact, and unfortunately both are often misunderstood.

When the Supreme Court mostly erased the substantial damages a lower court awarded to Kevin Keays, an assembly line worker at Honda's manufacturing plant in Alliston, Ont., employers in Canada collectively sighed in relief. According to the court, employers would no longer be responsible for "bad faith" damages based on how they treat their employees. Instead, it declared that employees could sue for mistreatment only if they could prove they actually suffered from harm.

Most corporate lawyers leapt on the bandwagon and pronounced bad faith damages all but dead. An employee could be mistreated, they routinely argued, but without evidence of a medical illness, damages would be much more difficult to achieve. That is wrong. In the three years since the Supreme Court released its decision in Keays, lower courts have not applied it consistently and sometimes not at all. In one recent appellate case, the court upheld a bad faith damage award, as if the Supreme Court's decision had never been rendered at all. While the law may have changed, it is possibly only in the name.

Similarly, when the Supreme Court ordered Donald Evans to return to work after his employer had already fired him, employers in this country felt they had gone from strength to strength. Employees have a duty to "mitigate" their losses following dismissal and, according to the Supreme Court, this duty includes taking a job with the company that has just fired them. Cognizant of the problems this finding could cause, the court thankfully made several exceptions. If returning to work was humiliating, for example, employees could refuse to return.

Since then, companies have routinely relied on this decision in an effort to deny wrongful dismissal claims. Often employees are "invited" back to work, but ironically only after first threatening to sue.

Very few judges agree that these invitations are legitimate or that returning to work is a reasonable demand to make. Despite the Supreme Court's decision, not much has changed.

As I usually find with workplace law, the game may be different but the decisions are often the same.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.

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Mom, what's a 'snow day'?

Could the advent of the Internet mean the end of sudden, snow-covered days off for young students?

Could the Internet mean the end of snow days? Some schools think so, and they are experimenting with ways for students to do lessons online during bad weather, potentially allowing classes to go on during even the worst blizzard.

"Virtual snow days" would help ease pressure on school calendars. Because districts are required to be in session for a certain number of hours or days, losing teaching time to winter weather can mean extending the school day or cutting short spring break or summer vacation.

And cancelling school in the winter, when some of the most difficult material of the year is covered, risks leaving students with a learning deficit heading into the spring, when many states administer standardized tests.

"Even if you can't continue on at the same pace, being able to keep students on track can make a huge difference," said Doug Levin, executive director of the non-profit State Educational Technology Directors Association.

Virtual learning, which has been widely used by colleges and universities for years, is becoming more viable for younger students as teachers and administrators grow comfortable with the technology. Online learning also saves money because districts don't have to pay for transportation, electricity and custodians.

▶ The busses aren't running? No problem!

But there are obstacles, too. Many families don't have Internet access with speeds that would support complex classroom-style work, especially in rural areas and impoverished inner cities. Families with multiple children - without multiple computers - could be hard-pressed to keep up.

And some people say kids just need an occasional extra day off in the depths of winter.

"When deep snow falls, the world becomes quiet and still. And if we listen to our instincts, we settle in and enjoy the pure joy of not doing," David Santner wrote on the website for the Poughkeepsie Day School in New York, where his son is a middle schooler, after the school turned to online learning during a spate of winter storms.

For schoolchildren, old-fashioned snow days used to mean languorous hours spent playing outside in the drifts, watching television or sipping hot chocolate. But someday, kids who can't get to the classroom might just sit down with their computers.

Josie Holford, head of the Poughkeepsie school, which had six snow days and four late starts this past winter, said it's possible to enjoy the outdoors and keep learning.

Students in one class were told to draw a picture in the snow for a lesson on angles and to take a picture of their creation.

"We have to recognize as teachers, educators, all of us, that we are in a completely different landscape, and that learning really isn't confined to a textbook or a teacher anymore," Holford said. "We all have to be learning all the time. Why should a snow day stop the progress of learning?" THE ASSOCIATED PRESS

Virtual classes

- The first experiments with virtual snow days began a few years ago as individual teachers started logging on during poor weather to drill older students.
- Since then, entire schools and districts have joined in, using websites such as Skype and YouTube to keep students as young as kindergarten studying during storms.

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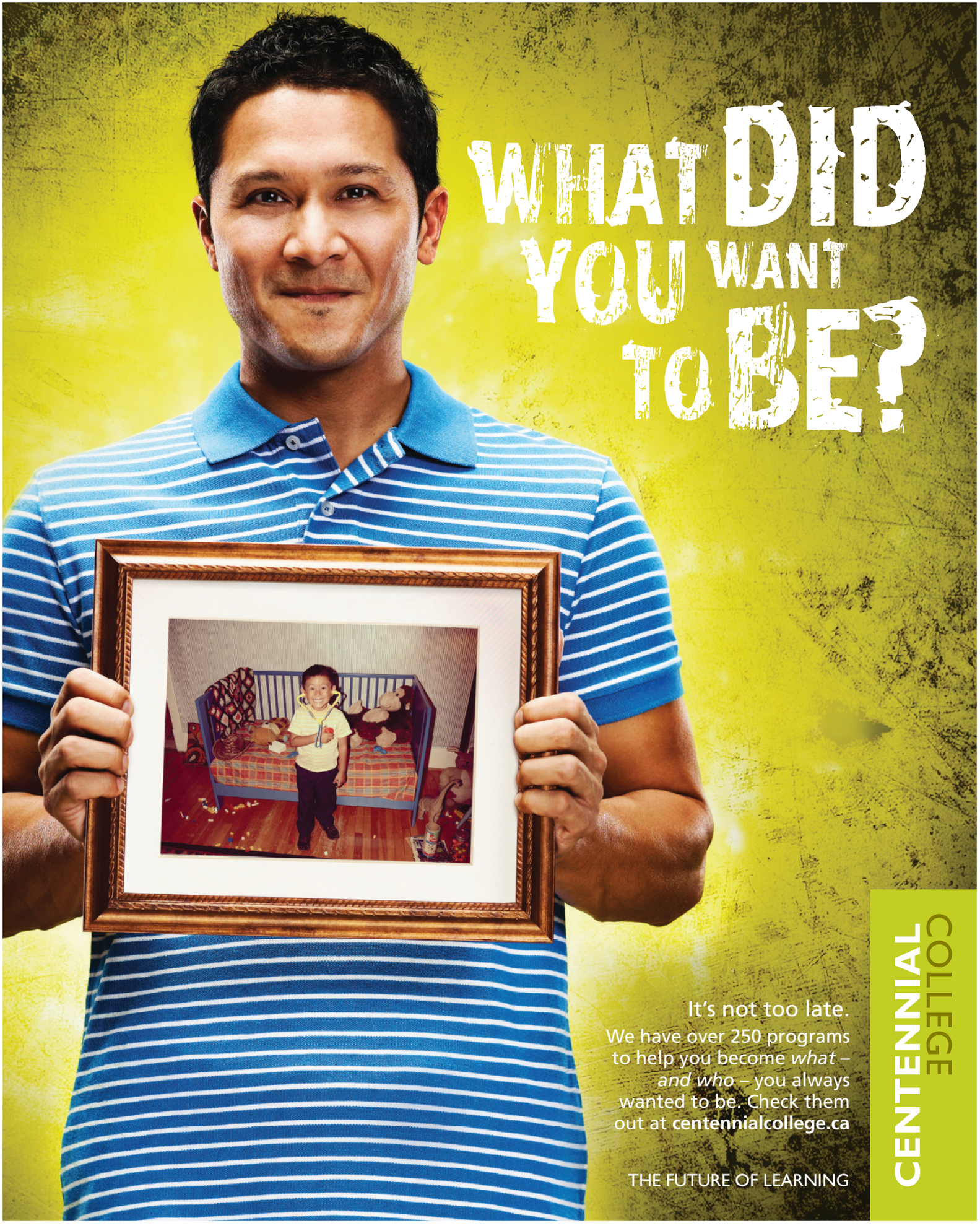
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4 sports

Quoted

"It is the Eastern Conference finals and it's coming down to will and determination. I want people to know I want it."

MIAMI POWER FORWARD CHRIS BOSH, WHO HAD 30 POINTS IN GAME 1 AND 34 IN SUNDAY NIGHT'S GAME 3 WIN THAT GAVE THE HEAT A 2-1 LEAD OVER THE CHICAGO BULLS IN THE NBA EASTERN CONFERENCE FINALS. ONLY TWO PLAYERS HAD A PAIR OF 30-PLUS NIGHTS AGAINST THE BULLS IN THE REGULAR SEASON, THOSE BEING DWYANE WADE AND PORTLAND'S LAMARCUS ALDRIDGE.

Scan code for more sports.

Road to the Cup a little steeper for Salo

'It's like climbing Mount Everest,' Canuck says of Achilles injury rehab

There has been a lot of painful bumps and twists on the road Sami Salo has travelled.

When the season started, the Vancouver Canuck defenceman wasn't sure if he would ever play hockey again after rupturing his Achilles tendon last summer. Now Salo finds himself just one win away from playing in the Stanley Cup final for the first time in his 12-year NHL career.

"It's been a long journey, not just in a career way," Salo said yesterday after the Canucks practised at Rogers Arena. "I'm just excited to be part of this great group.

"All the blood and sweat you poured during the season has really paid off. It is a really good feeling."

The Canucks take a 3-1 series lead over the San Jose Sharks into Game 5 of the Western Conference final tonight (CBC, 9 p.m.). A win sends Vancouver to the Cup final for the first time in 17 years.

Salo's booming slapshot was a big part of the Canucks' 4-2 win over the Sharks Sunday. He scored twice on the power play and added an assist. Vancouver scored three power-play goals in a 1:55 span in the second period, all on five-on-three situations.

They have pushed the Sharks to the brink, but Salo knows the final shove may be the hardest.

"You have to have the killer instinct to try and finish those guys off," he said.

"We have seen that if you're not going out there to win, if you are just sitting back, usually things are not going your way."

Logan Couture said the Sharks are focused on forcing a Game 6 Thursday.

"We're obviously not where we want to be. We'd rather be up 3-1," Couture said yesterday in San Jose. "The reality of the situation now is we're down. We're excited to go to Vancouver and try and win a game."

THE CANADIAN PRESS

Painful past

Injuries have cost Sami Salo more than 250 games during his career, but the most devastating came last summer when playing floor ball in his native Finland.

- Friends told Salo it sounded like a shotgun blast when his Achilles ruptured. All he knew is he was face-first on the floor.
- "It didn't hurt at all," he said. "It was just a weird feeling."
- It was a long, slow recovery for the 36-year-old. He missed training camp and the first 52 games of the season.

MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

▶ Vancouver's Sami Salo celebrates his second goal against San Jose in Game 4.

Jays dismantle Bronx Bombers

PAUL J. BERESWILL/THE ASSOCIATED PRESS

▶ J.P. Arencibia hits a three-run double last night.

J.P. Arencibia hit a three-run double in a five-run sixth inning and Jose Bautista homered to back spot starter Carlos Villanueva and lift the Toronto Blue Jays to a 7-3 victory over the New York Yankees last night.

Starting in place of injured Jesse Litsch, Villanueva (2-0) allowed the Yankees two hits and a run in five innings in his first start since Oct. 3, 2009, for Milwaukee.

Arencibia added an RBI single in the eighth, and Bautista continued to stake his claim as one of the top sluggers in baseball as he crushed a Bartolo Colon (2-3) pitch in his first at-bat, over the 399-foot marker in left-centre for his 19th homer of the season.

THE ASSOCIATED PRESS

Sports in brief

Noah hit with fine for slur

NBA. Chicago Bulls centre Joakim Noah was fined $50,000 US yesterday for directing an anti-gay slur at a fan during Game 3 of the Eastern Conference finals Sunday. Noah apologized and vowed to learn from the incident.

THE ASSOCIATED PRESS

Thornton a go for Game 5

NHL. San Jose coach Todd McLellan says captain Joe Thornton will play Game 5 of the Western Conference final for the Sharks despite leaving the previous game with an injury.

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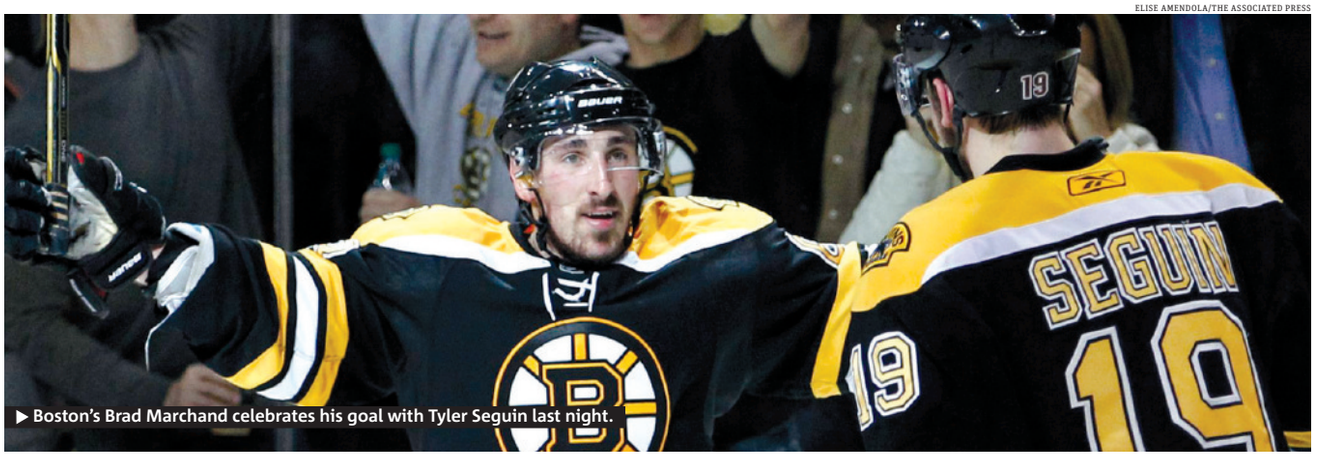
ELISE AMENDOLA/THE ASSOCIATED PRESS



▶ Boston's Brad Marchand celebrates his goal with Tyler Seguin last night.

Bruins one win away from finals

Lightning start Smith instead of Roloson in pivotal Game 5 loss

Tim Thomas stopped 33 shots after allowing another early goal, and Brad Marchand scored the game-winner to lead Boston to a 3-1 victory over the Tampa Bay Lightning last night and put the Bruins one win away from the Stanley Cup finals.

The victory gave Boston a 3-2 lead in the best-of-seven Eastern Conference finals, with a chance to clinch tomorrow night in Tampa Bay. The Lightning would need to win Game 6 to force a seventh game in Boston on Friday.

Nathan Horton scored to tie it in the second period, 17 seconds after returning from the penalty box. Marchand scored with 4:04 left in the period to give Boston a 2-1 lead.

Boston managed just 19 shots on Mike Smith as he made his first career playoff start in place of Dwayne Roloson.

Tampa Bay finally managed to pull the goalie with 42 seconds left, but Rich Peverley scored an empty-netter with 12.1 seconds left to clinch it.

Thomas bounced back after allowing four straight goals in Game 4 and may have saved the season when he stopped Steve Downie with about 11 minutes left, reaching out to put his stick in front of the open net and protect a 2-1 lead. The crowd cheered each time it was shown from a different angle on the scoreboard.

BRUINS	LIGHTNING
3	1

Two nights after Tampa Bay rallied with five straight goals to overcome a 3-0 deficit and win Game 4, Boston shrugged off Simon Gagne's goal just 69 seconds in and staged a comeback of its own.

Gagne, who scored the winner in Game 4, converted a 2-on-1 with Steven Stamkos to beat defenceman Johnny Boychuk and put the puck past Thomas. Horton tied it on a one-timer from Milan Lucic 4:24 into the second period — just Boston's seventh shot.

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INTERVIEW

Mets owner disses players

Jose Reyes isn't worth all the money he wants. Carlos Beltran is no longer a top-tier player. David Wright isn't a superstar.

Those aren't merely the opinions of some disgruntled New York Mets fan. Those thoughts come straight from the owner of the team.

Fred Wilpon had sharp words for the all-stars and his teetering team in a newly released profile in The New Yorker. He made the comments during the Mets' 4-3 loss to Houston on April 20.

"Lousy clubs, that's what happens," Wilpon said after the Mets missed an early chance to score, then gave up some runs. "We're snake-bitten, baby."

Reyes can become a free agent at the end of the season. There has been speculation the shortstop wants a contract similar to the $142-million US, seven-year deal Carl Crawford signed in the off-season.

"He's a racehorse," Wilpon said of the often-injured speedster.

"He thinks he's going to get Carl Crawford money," he said. "He's had everything wrong with him. He won't get it."

Beltran is finishing up a $119-million, seven-year contract the outfielder signed with the Mets after his monster 2004 post-season for Houston, when he hit eight homers and scored 21 runs in 12 playoff games.

"We had some schmuck in New York who paid him based on that one series," Wilpon said, referring to himself. "He's 65 to 70 per cent of what he was."

As for Wright, Wilpon said the third baseman is "a really good kid. A very good player."

"Not a superstar," Wilpon said.

In a statement released by his agent, Wright said: "Fred is a good man and is obviously going through some difficult times. There is nothing more productive that I can say at this time."

The Mets are 22-24 and were off yesterday.

THE ASSOCIATED PRESS

Utley returns to Phillies, bats second

Chase Utley stepped into the carpeted batter's box to take a few swings and the television cameras shined brightly.

This was no ordinary round of batting practice.

Utley was back in the lineup and hitting second for the Philadelphia Phillies after the five-time all-star second baseman missed the first 46 games with a knee injury.

"You guys obviously know I enjoy playing and it's both disappointing and frustrating being on the sidelines and not being able to help," Utley said before last night's game against Cincinnati.

His return couldn't come soon enough for the four-time defending NL East champions. The first-place Phillies are struggling offensively and certainly can use a boost from Utley. Though he is coming off a down season — .275 average with 16 homers and 65 RBIs in 115 games last year — Utley is one of the top hitters in Philadelphia's lineup.

"It's pretty frustrating not to be able to go out and help your team win," Utley said. "But I'm proud of my teammates. They've done an outstanding job these first two months. The pitching staff has been outstanding. I know there's been a lot of negative talk recently on how our offence has been struggling, but that's why we play for six months. It's an up and down game. As long as you stay positive with the other guys, you'll get through that."

Utley spent a few weeks rehabbing his knee in Florida and feels comfortable with the progress in his recovery. He doesn't expect to have surgery after the season, but he might be more willing to take a day off occasionally. Manager Charlie Manuel may not give him a choice.

"Charlie and I will talk on a daily basis and see where we're at every single day, but I definitely want to be out there," Utley said. "I think I know my body better than anybody else."

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French. Open

▶ Novak Djokovic returns the ball to Thiemo de Bakker yesterday at the French Open.

THE ASSOCIATED PRESS

Djokovic stays perfect in 2011 with his 40th win in a row

Novak Djokovic extended his perfect season into the French Open, beating Thiemo de Bakker 6-2, 6-1, 6-3 yesterday in the first round. The second-seeded Serb improved his 2011 record to 38-0 — and stretched his winning streak to 40 — on the second day of the tournament at Roland Garros. Roger Federer, meanwhile, joined Djokovic in the second round by beating Feliciano Lopez of Spain 6-3, 6-4, 7-6 (3). On the women's side, top-ranked Caroline Wozniacki eliminated 40-year-old Kimiko Date-Krumm 6-0, 6-2 and defending champion Francesca Schiavone beat Melanie Oudin of the U.S. 6-2, 6-0.

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NHL

PLAYOFFS

All Times Eastern

CONFERENCE FINALS

(Best-of-7 series)

EASTERN CONFERENCE

BOSTON (3) vs. TAMPA BAY (5)
(Series tied 2-2)
Last night's result
Tampa Bay at Boston
Tomorrow's gmae
Boston at Tampa Bay, 8 p.m.
Friday's game
x-Tampa Bay at Boston, 8 p.m.

WESTERN CONFERENCE

VANCOUVER (1) vs. SAN JOSE (2)
(Vancouver leads series 3-1)
Tonight's game
San Jose at Vancouver, 9 p.m.
Thursday's game
x-Vancouver at San Jose, 9 p.m.
Saturday's game
x-San Jose at Vancouver, 8 p.m.
x — played only if necessary.

SCORING LEADERS

	G	A	PT
H.Sedin, Vcr	2	17	19
St. Louis, TB	8	9	17
Kesler, Vcr	6	11	17
Lecavalier, TB	6	11	17
J.Thornton, SJ	3	14	17
D.Sedin, Vcr	8	7	15
Clowe, SJ	6	9	15
Datsyuk, Det	4	11	15
Purcell, TB	4	11	15
Boyle, SJ	3	12	15
Couture, SJ	7	7	14
P.Bergeron, Bos	4	10	14
Ward, Nash	7	6	13
Horton, Bos	6	7	13
Krejci, Bos	7	5	12
Marleau, SJ	7	5	12
Burrows, Vcr	6	6	12
Downie, TB	2	10	12
Giroux, Pha	1	11	12
Bergenheim, TB	9	2	11
Marchand, Bos	5	6	11
Ryder, Bos	5	6	11
Gagne, TB	4	7	11
Moore, TB	3	8	11
Ehrhoff, Vcr	2	9	11
Ovechkin, Wash	5	5	10
Kelly, Bos	4	6	10
Cammalleri, Mtl	3	7	10
Briere, Pha	7	2	9
Legwand, Nash	6	3	9
Setoguchi, SJ	6	3	9
Stamkos, TB	5	4	9
Heatley, SJ	3	6	9
I.White, SJ	1	8	9
Pavelski, SJ	5	3	8
Bieksa, Vcr	4	4	8
Lidstrom, Det	4	4	8
Zetterberg, Det	3	5	8
Filppula, Det	2	6	8
Perry, Ana	2	6	8
Raymond, Vcr	2	6	8
Seidenberg, Bos	1	7	8
van Riemsdyk, Pha	7	0	7
Selanne, Ana	6	1	7
Higgins, Vcr	4	3	7
Fisher, Nash	3	4	7
Holmstrom, Det	3	4	7
Edler, Vcr	2	5	7
Recchi, Bos	2	5	7
Gragnani, Buf	1	6	7
S.Koivu, Ana	1	6	7
Laich, Wash	1	6	7

Not including last night's game

HOCKEY

MEMORIAL CUP

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ROUND ROBIN

Last night's result
Owen Sound vs. Saint John
Tonight's game
Kootenay vs. Saint John, 7 p.m.
Tomorrow's game
Mississauga vs. Owen Sound, 7 p.m.
End of Round Robin

ACTIVITY

MLB

AMERICAN LEAGUE

TEXAS RANGERS—Activated OF Josh Hamilton and OF Nelson Cruz from the 15-day DL. Recalled RHP Yoshinori Tateyama from Round Rock (PCL). Optioned INF Chris Davis, RHP Cody Eppley and C Taylor Teagarden to Round Rock.

NATIONAL LEAGUE

ARIZONA DIAMONDBACKS—Reinstated 3B Melvin Mora from the bereavement list. Designated INF Josh Wilson for assignment.
CINCINNATI REDS—Optioned RHP Edinson Volquez and RHP Jordan Smith to Louisville (IL). Called up INF Todd Frazier and LHP Matt Maloney from Louisville.
MILWAUKEE BREWERS—Claimed LHP Daniel Ray Herrera off waivers from Cincinnati.
ST. LOUIS CARDINALS—Placed C Gerald Laird on the 15-day DL. Activated 2B Skip Schumaker from the 15-day DL. Recalled C Tony Cruz from Memphis (PCL). Optioned RHP Mitchell Boggs to Memphis. Announced Rule 5 draft RHP Brian Broderick was returned by Washington and assigned to Memphis.
WASHINGTON NATIONALS—Placed 1B Adam LaRoche on the 15-day DL.

NBA

LEAGUE OFFICE—Fined Chicago F Joakim Noah $50,000 for using a derogatory and offensive term from the bench during the May 22 game at Miami.
PORTLAND TRAIL BLAZERS—Fired general manager Rich Cho. Named director of college scouting Chad Buchanan acting general manager.

CYCLING

GIRO D'ITALIA

At Val Di Fassa, Italy
Stage 15
Overall Standings
(After 15th of 21 stages)
1. Alberto Contador, Spain, Saxo Bank, 62 hours, 14 minutes, 42 seconds; 2. Michele Scarponi, Italy, Lampre, 4:20 behind; 3. Vincenzo Nibali, Italy, Liquigas, 5:11; 4. John Gadret, France, AG2R, 6:08; 5. Mikel Nieve Ituralde, Spain, Euskaltel, 7:03; 6. Jose Rujano, Venezuela, Androni, 8:39; 7. Denis Menchov, Russia, Geox, 8:46; 8. Roman Kreuziger, Czech Republic, Astana, 8:58; 9. Joaquin Rodriguez, Spain, Katusha, 9:20; 10. David Arroyo, Spain, Movistar, 9:30.
Also: 69. Michael Barry, Sky Procycling.

NBA

PLAYOFFS

All Times Eastern

CONFERENCE FINALS

(Best-of-7 series)
EASTERN CONFERENCE
Chicago (1) vs. Miami (2)
(Miami leads series 2-1)
Sunday's result
Miami 96 Chicago 85
Tonight's game
Chicago at Miami, 8:30 p.m.
Thursday's game
Miami at Chicago, 8:30 p.m.
Saturday, May 28
x-Chicago at Miami, 8:30 p.m.
Monday, May 30
x-Miami at Chicago, 8:30 p.m.
WESTERN CONFERENCE
Dallas (3) vs. Oklahoma City (4)
(Dallas leads series 2-1)
Last night's result
Dallas at Oklahoma City
Tomorrow's game
Oklahoma City at Dallas, 9 p.m.
Friday's game
x-Dallas at Oklahoma City, 9 p.m.
Sunday, May 29
x-Oklahoma City at Dallas, 9 p.m.
x — played only if necessary.

LATE SUNDAY

HEAT 96, BULLS 85

CHICAGO (85)
Deng 6-13 0-0 14, Boozer 8-19 10-12 26, Noah 0-4 1-2 1, Rose 8-19 3-3 20, Bogans 1-3 1-2 4, Asik 0-3 0-0 0, Gibson 5-6 1-2 11, Brewer 2-6 0-0 4, Watson 1-2 0-0 2, Korver 1-2 0-0 3. Totals 32-77 16-21 85.
MIAMI (96)
James 6-13 9-9 22, Bosh 13-18 8-10 34, Anthony 1-2 1-2 3, Bibby 2-5 0-0 6, Wade 6-17 5-6 17, Haslem 4-7 0-0 8, Miller 0-2 0-0 0, Chalmers 2-3 2-2 6. Totals 34-67 25-29 96.

Chicago	15	25	25	20	85
Miami	18	25	25	28	96

3-Point Goals—Chicago 5-12 (Deng 2-5, Korver 1-1, Bogans 1-3, Rose 1-3), Miami 3-9 (Bibby 2-4, James 1-2, Chalmers 0-1, Miller 0-1, Wade 0-1). Fouled Out—None. Rebounds—Chicago 49 (Boozer 17), Miami 38 (Wade 9). Assists—Chicago 15 (Noah 6), Miami 20 (James 10). Total Fouls—Chicago 24, Miami 17. A—20,123 (19,600) at Miami.

SOCCER

MLS

Sunday's result
Toronto 0 Colorado 0
Real Salt Lake 0 Dallas 0
Tomorrow's games
All times Eastern
Colorado at New York, 7:30 p.m.
Dallas at Seattle, 10 p.m.
Houston at Los Angeles, 10:30 p.m.
Saturday's games
Philadelphia at Toronto, 12:30 p.m.
New York at Vancouver, 5:30 p.m.
Chivas USA at Columbus, 7:30 p.m.
Los Angeles at New England, 8 p.m.
FC Dallas at Houston, 8:30 p.m.
San Jose at Chicago, 8:30 p.m.
Seattle at Real Salt Lake, 9 p.m.
Kansas City at Colorado, 9 p.m.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Tampa Bay	26	21	.553	—
Boston	25	21	.543	½
New York	25	21	.543	½
Toronto	24	23	.511	2
Baltimore	21	24	.467	4

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	29	15	.659	—
Detroit	23	23	.500	7
Kansas City	22	24	.478	8
Chicago	22	27	.449	9½
Minnesota	15	30	.333	14½

WEST DIVISION

	W	L	Pct	GB
Texas	25	23	.521	—
Los Angeles	24	24	.500	1
Seattle	22	24	.478	2
Oakland	22	25	.468	2½

Last night's results
Boston at Cleveland
Tampa Bay at Detroit
Toronto 7 N.Y. Yankees 3
Texas 4 Chicago White Sox 0
Seattle at Minnesota
Oakland at L.A. Angels
Tonight's games
Boston (Beckett 3-1) at Cleveland (Carmona 3-4), 7:05 p.m.
Kansas City (Duffy 0-0) at Baltimore (Britton 5-2), 7:05 p.m.
Tampa Bay (W.Davis 4-4) at Detroit (Verlander 4-3), 7:05 p.m.
Toronto (R.Romero 4-4) at N.Y. Yankees (Sabathia 4-3), 7:05 p.m.
Chicago White Sox (Peavy 1-0) at Texas (D.Holland 3-1), 8:05 p.m.
Seattle (Fister 2-4) at Minnesota (Blackburn 3-4), 8:10 p.m.
Oakland (Moscoso 0-0) at L.A. Angels (Haren 4-2), 10:05 p.m.

BLUE JAYS 7, YANKEES 3

Toronto	ab	r	h	bi	New York	ab	r	h	bi
RDavis cf	5	0	1	0	Jeter ss	5	0	0	0
CPttrsn lf	5	1	1	0	Grndrs cf	2	3	0	0
Bautist rf	3	2	1	1	Teixeir 1b	4	0	1	0
YEscor ss	3	0	1	0	AlRdrg 3b	4	0	2	0
JRiver 1b	3	1	1	0	Cano 2b	3	0	1	3
A.Hill 2b	4	2	2	1	Martin c	4	0	0	0
EThms dh	3	1	0	1	Posada dh	4	0	0	0
Arencii c	4	0	2	4	Gardnr lf	4	0	2	0
Encrnc 3b	3	0	0	0	Dickrsn rf	4	0	0	0
JMcDnl 3b	1	0	0	0					
Totals	**34**	**7**	**9**	**7**	**Totals**	**34**	**3**	**6**	**3**

Toronto	100	005	010 — 7
New York	000	101	010 — 3

E—Encarnacion (11), Y.Escobar (4). LOB—Toronto 5, New York 8. 2B—C.Patterson (12), A.Hill (10), Arencibia (7), Gardner (5). HR—Bautista (19). SB—Granderson (5), Gardner 2 (8). CS—R.Davis (5). S—Y.Escobar. SF—Cano.

	IP	H	R	ER	BB	SO
Toronto						
Villanueva W,2-0	5	2	1	1	1	5
Frasor	1	1	1	1	1	0
Rauch	1 1-3	1	1	1	1	3
L.Perez	2-3	1	0	0	0	0
F.Francisco	1	1	0	0	0	2
New York						
Colon L,2-3	6	7	6	6	4	8
Noesi	3	2	1	1	0	0

Umpires—Home, Scott Barry; First, John Hirschbeck; Second, Wally Bell; Third, Laz Diaz.
T—3:00. A—41,946 (50,291) at Toronto.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	29	18	.617	—
Florida	26	19	.578	2
Atlanta	26	23	.531	4
New York	22	24	.478	6½
Washington	21	25	.457	7½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	28	20	.583	—
Cincinnati	25	23	.521	3
Milwaukee	24	23	.511	3½
Pittsburgh	22	24	.478	5
Chicago	20	25	.444	6½
Houston	17	30	.362	10½

WEST DIVISION

	W	L	Pct	GB
San Francisco	27	19	.587	—
Colorado	23	22	.511	3½
Arizona	23	23	.500	4
Los Angeles	21	27	.438	7
San Diego	19	28	.404	8½

Last night's results
Philadelphia 10 Cincinnati 3
L.A. Dodgers at Houston
Washington at Milwaukee
St. Louis at San Diego
Today's games
Arizona (J.Saunders 0-5) at Colorado (De La Rosa 5-2), 3:10 p.m., 1st game
Atlanta (Jurrjens 5-1) at Pittsburgh (Morton 5-1), 7:05 p.m.
Cincinnati (Cueto 2-1) at Philadelphia (Worley 2-0), 7:05 p.m.
L.A. Dodgers (Billingsley 2-4) at Houston (Happ 3-5), 8:05 p.m.
N.Y. Mets (Niese 3-4) at Chicago Cubs (Dempster 2-4), 8:05 p.m.
Washington (L.Hernandez 3-6) at Milwaukee (Narveson 2-3), 8:10 p.m.
Arizona (Collmenter 3-0) at Colorado (Chacin 5-2), 8:40 p.m., 2nd game
St. Louis (McClellan 6-1) at San Diego (Harang 5-2), 10:05 p.m.
Florida (Nolasco 3-0) at San Francisco (Cain 3-2), 10:15 p.m.

INTERLEAGUE

Sunday's results
Cleveland 12 Cincinnati 4
N.Y. Yankees 9 N.Y. Mets 3
Houston 3 Toronto 2
Tampa Bay 4 Florida 0
Detroit 2 Pittsburgh 0
Texas 2 Philadelphia 0
Baltimore 2 Washington 1
Chicago White Sox 8 L.A. Dodgers 3
St. Louis 9 Kansas City 8 (10 inn.)
L.A. Angels 4 Atlanta 1
San Francisco 5 Oakland 4 (11 inn.)
Seattle 6 San Diego 1
Arizona 3 Minnesota 2
Boston 5 Chicago Cubs 1

CALENDAR

July 12 — All-Star game, Phoenix.
July 24 — Hall of Fame induction, Cooperstown, N.Y.
July 31 — Last day to trade a player without securing waivers.
Aug. 15 — Last day to sign selections from 2011 amateur draft who have not exhausted college eligibility.
Sept. 1 — Active rosters expand to 40 players.
Sept. 30 or Oct. 1 — Playoffs begin.
Oct. 19 — World Series begins.

TENNIS

FRENCH OPEN

At Paris
MEN
Singles
First Round
Novak Djokovic (2), Serbia, def. Thiemo de Bakker, Netherlands, 6-2, 6-1, 6-3.
Roger Federer (3), Switzerland, def. Feliciano Lopez, Spain, 6-3, 6-4, 7-6 (3).
Stephane Robert, France, def. Tomas Berdych (6), Czech Republic, 3-6, 3-6, 6-2, 6-2, 9-7.
Gael Monfils (9), France, def. Bjorn Phau, Germany, 4-6, 6-3, 7-5, 6-0.
Mardy Fish (10), U.S., def. Ricardo Mello, Brazil, 6-2, 6-7 (11), 6-2, 6-4.
Mikhail Youzhny (12), Russia, def. Go Soeda, Japan, 7-5, 6-2, 6-4.
Richard Gasquet (13), France, def. Radek Stepanek, Czech Republic, 7-5, 6-3, 6-0.
Viktor Troicki (15), Serbia, def. Julian Reister, Germany, 6-4, 6-3, 6-3.
Steve Darcis, Belgium, def. Michael Llodra (22), France, 6-7 (5), 6-3, 6-3, 6-3.
Thomaz Bellucci (23), Brazil, def. Andrey Golubev, Kazakhstan, 6-4, 6-4, 6-7 (4), 7-6 (5).
Juan Martin del Potro (25), Argentina, def. Ivo Karlovic, Croatia, 6-7 (7), 6-3, 7-5, 6-4.
Michael Berrer, Germany, def. **Milos Raonic (26), Thornhill, Ont.,** 6-4, 4-6, 6-3, 6-4.
Marcos Baghdatis (27), Cyprus, def. Frederico Gil, Portugal, 7-6 (4), 6-2, 6-2.
Nikolay Davydenko (28), Russia, def. Denis Gremelmayr, Germany, 7-6 (2), 6-1, 6-3.
Janko Tipsarevic (29), Serbia, def. Brian Dabul, Argentina, 7-6 (1), 6-1, 6-0.
Simone Bolelli, Italy, def. **Frank Dancevic, Niagara Falls, Ont.,** 6-1, 6-3, 6-7 (5), 6-2.
WOMEN
Singles
First Round
Caroline Wozniacki (1), Denmark, def. Kimiko Date-Krumm, Japan, 6-0, 6-2.
Vera Zvonareva (3), Russia, def. Lourdes Dominguez Lino, Spain, 6-3, 6-3.
Francesca Schiavone (5), Italy, def. Melanie Oudin, U.S., 6-2, 6-0.
Petra Kvitova (9), Czech Republic, def. Greta Arn, Hungary, 6-2, 6-1.
Marion Bartoli (11), France, def. Anna Tatishvili, Georgia, 1-6, 6-2, 6-1.
Agnieszka Radwanska (12), Poland, def. Patricia Mayr-Achleitner, Austria, 6-1, 6-2.
Kaia Kanepi (16), Estonia, def. Sofia Arvidsson, Sweden, 7-5, 6-1.
Maria Kirilenko (25), Russia, def. CoCo Vandeweghe, U.S., 7-6 (5), 6-2.
Anastasia Rodionova, Australia, def. Nadia Petrova (26), Russia, 6-7 (5), 6-3, 6-4.
Daniela Hantuchova (28), Slovakia, def. Zhang Shuai, China, 6-3, 6-3.
Peng Shuai (29), China, def. Tamira Paszek, Austria, 6-3, 6-2.
Roberta Vinci (30), Italy, def. Alberta Brianti, Italy, 6-3, 3-6, 6-3.
Chan Yung-jan, Taiwan, def. Klara Zakopalova (31), Czech Republic, 7-5, 6-1.
Aleksandra Wozniak, Blainville, Que., def. Junri Namigata, Japan, 6-1, 6-1.

LACROSSE

2011 WORLD MEN'S INDOOR CHAMPIONSHIP

At Prague, Czech Republic
All times Eastern
Yesterday's results
Canada 26 Australia 2
England 24 Slovakia 7
Iroquois 11 U.S. 10
Today's games
Australia vs. Slovakia, 4 a.m.
Canada vs. England, 10 a.m.
Czech Republic vs. Ireland, 1 p.m.
End of Round Robin

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Canadian Wozniak advances to second round at French Open

Canadian Aleksandra Wozniak made a big step in her comeback from right forearm tendinitis yesterday by beating Japan's Junri Namigata 6-1, 6-1 to reach the second round of the French Open.

The 23-year-old from Blainville, Que., is competing in her first Grand Slam since struggling with a muscle problem in a first-round loss at the U.S. Open last August.

"I'm really happy to win a round after qualifying," said Wozniak, who is ranked 162nd in the world. "Today means a lot. I'm looking forward to getting back after the long break and the injury.

"I had no matches on clay coming in to Roland Garros," said Wozniak, who had not competed on the dirt in a year prior to yesterday.

"It will take a lot for my game to improve, but I'm feeling better with each match."

The Canadian is set to face a huge challenge in the second round when she comes up against world No. 1 and top seed Caroline Wozniacki, who easily advanced with a 6-0, 6-2 win over Kimiko Date-Krumm.

"I have no pressure, she's world No. 1 and has been winning so many titles. We've played a lot but I have no expectations. I just want to go out and enjoy."

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▶ Aleksandra Wozniak

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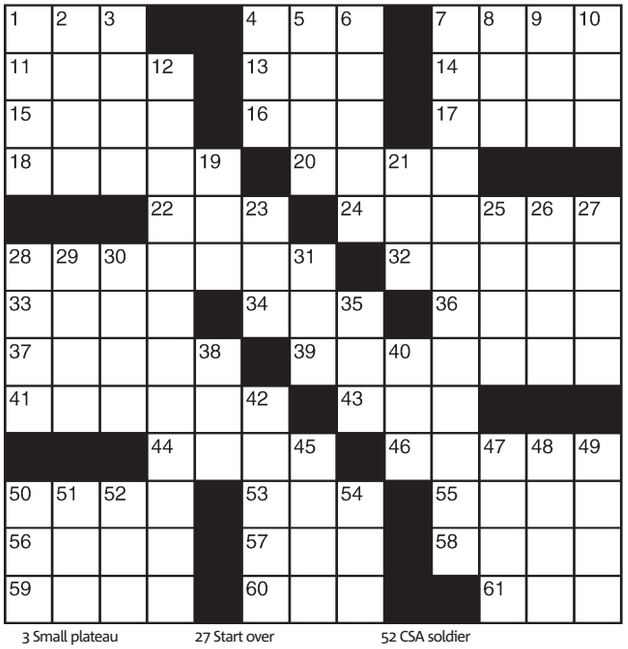
Crossword



Across

1 Aries animal
4 Mariner's venue
7 Dutch cheese
11 Notion
13 Peculiar
14 Loosen
15 Witty poet Ogden
16 Zero
17 React in horror
18 Southern speech
20 Neap, for one
22 Charged particle
24 Looseleaf notebook
28 Green-eyed
32 Paris river
33 Eager, and then some
34 Spigot
36 Contemporary of Virgil
37 Whom Jason jilted
39 Transport to Oz
41 Tangles
43 Trouble
44 Mr. Gingrich
46 Broomstick passenger
50 Apple's center
53 Noah's boat
55 Traditional tales
56 Renders speechless
57 Regret
58 Ogler's look
59 Charlotte's creations
60 "Family Guy" daughter
61 Newcomer to society

Down

1 Peel
2 Hebrew month
3 Small plateau
4 Bart, to Homer
5 Tend texts
6 Wing it
7 12-Down playwright
8 "CSI" evidence
9 Billboards
10 Swab the deck
12 Comedy that debuted on Broadway in 1933
19 Privy
21 Affront (Sl.)
23 Kook
25 Prima donna
26 Oklahoma city
27 Start over
28 Gets stuck
29 Divisible by two
30 Verdi opera
31 Perched
35 "Wham!"
38 Hearty brew
40 Tier
42 Honey bunch?
45 Verifiable
47 — the line (behaved)
48 Saskatchewan tribe
49 KFC additive
50 Crow's cry
51 Have debts
52 CSA soldier
54 Small barrel

▶ Friday's answer

V	I	S	O	R	■	A	F	T	■	M	A	R
O	V	U	L	E	■	B	O	O	■	O	B	I
X	E	N	I	A	■	S	U	N	R	O	O	F
■	■	D	O	C	T	O	R	■	E	L	U	L
B	O	A	■	H	O	R	■	O	V	A	T	E
A	L	E	C	■	A	B	I	D	E	■	■	■
R	E	S	O	L	D	■	S	E	A	S	O	N
■	■	■	B	A	S	I	L	■	L	U	N	E
B	R	A	W	N	■	S	E	A	■	N	A	G
A	O	N	E	■	T	O	T	T	E	D	■	■
S	U	N	B	E	A	M	■	T	R	I	E	S
A	T	E	■	A	C	E	■	A	G	A	V	E
L	E	X	■	T	O	R	■	R	O	L	E	X

Sudoku

	2		9					
		3		4				8
		9		2	1	7	6	
		4						9
	3	5		8		1	7	
7						2		
	7	6	3	1		8		
8				6		5		
					2		4	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

9	8	7	2	5	1	4	3	6
6	1	3	4	7	9	8	5	2
5	4	2	3	6	8	9	7	1
8	5	4	7	9	6	2	1	3
2	7	1	8	4	3	5	6	9
3	6	9	1	2	5	7	8	4
1	2	6	5	8	4	3	9	7
4	3	5	9	1	7	6	2	8
7	9	8	6	3	2	1	4	5

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

big lil sis, I love you! I will miss you so much! Have a great time :) **LIL BIG SIS**

LovesTrains
Hey babe, I just want you to know how much I miss spending time with you. Lets go for a long drive like we used to. Love, **MISS**

My Best BBM Friend (aka Cutie) Metro knows & so do I! I love being around you too. You just don't know how much you mean to me... **UR SECRET ADMIRER**

ChuckyCC
I could not help myself babe I called your "wife". she knows what's happening now we can focus on US. I came back early, was not having any fun. miss you. ps don't be mad someone had to do the dirty work. she says she knew the truth anyway I am ready to make a move, are you? **TIFFANY**

Today
18°/11°
Partly sunny
Wednesday
18°/12°
Partly cloudy
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Someone new will come into your life, someone who brings fun.

♉ Taurus April 21-May 21 You need to come down to earth a bit and deal with matters of a practical nature — especially money.

♊ Gemini May 22-June 21 Follow your instincts and don't be afraid to change direction. Your head and heart are in harmony.

♋ Cancer June 22-July 22 If you want to make sense of recent events, you will have to stand back and put them in a wider context.

♌ Leo July 23-Aug.23 If you want to accomplish more than you have, you must work as part of a team.

♍ Virgo Aug. 24- Sept. 22 An idea you had recently is growing in your mind and you know that it could transform your life.

♎ Libra Sept. 23-Oct. 23 Start looking forward to all the good things that will very soon be coming your way.

♏ Scorpio Oct. 24-Nov. 22 The more you try to give up a habit, the more you end up enslaved to it. Accept it as part of your nature.

♐ Sagittarius Nov. 23-Dec. 21 Flattery may work to an extent but you also need to show people what's in it for them.

♑ Capricorn Dec. 22-Jan. 20 . Don't let sentiment play a part in your judgment: Results are far more important than your feelings.

♒ Aquarius Jan. 21-Feb. 18 Lingering feuds must be swept away. There's no time for them.

♓ Pisces Feb. 19-March 20. Make sure loved ones still have a prominent role in your future plans. **SALLY BROMPTON**

Caption contest

THE ASSOCIATED PRESS/ BELA SZANDELSZKY

THE ASSOCIATED PRESS/JACQUES BRINON

WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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2011 Dodge Grand Caravan Crew shown.§

36 MPG HWY
7.9L/100 KM HWY*

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OR CHOOSE

WITH THE OPTION TO RETURN AFTER 36 MONTHS

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2011 Dodge Journey Crew shown.§

OR CHOOSE

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